

Registered Number 09826021

CROSSFIT NORTH LONDON LTD

Abbreviated Accounts

31 October 2016

Abbreviated Balance Sheet as at 31 October 2016

	<i>Notes</i>	<i>2016</i>
		£
Current assets		
Debtors		38,965
		<u>38,965</u>
Creditors: amounts falling due within one year		<u>(17,331)</u>
Net current assets (liabilities)		<u>21,634</u>
Total assets less current liabilities		<u>21,634</u>
Total net assets (liabilities)		<u>21,634</u>
Capital and reserves		
Called up share capital	2	1
Profit and loss account		21,633
Shareholders' funds		<u>21,634</u>

- For the year ending 31 October 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 June 2017

And signed on their behalf by:

G Andrews, Director

Notes to the Abbreviated Accounts for the period ended 31 October 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of services provided during the year and derives from the provision of services falling within the company's ordinary activities.

2 Called Up Share Capital

Allotted, called up and fully paid:

	2016
	£
1 Ordinary shares of £1 each	1

3 Transactions with directors

Name of director receiving advance or credit:	G Andrews
Description of the transaction:	Interest free loans
Balance at 15 October 2015:	-
Advances or credits made:	£ 2,001
Advances or credits repaid:	£ 0
Balance at 31 October 2016:	<u>£ 2,001</u>

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