Registered number
09805921

Older Habits Limited
Unaudited Accounts
for the year ended
30 September 2017

Older Habits Limited
Accountant's Report

Report to the directors on the preparation of the unaudited statutory accounts of Older Habits Limited for the year ended 30 September 2017.

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 30th September 2017, and you consider that the company is exempt from audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

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Melot Accounting Ltd
Accountants

Heronslea,
Chapel Road,
Yealmpton,
Devon,
PL8 2LZ

5 October 2017

Older Habits Limited
Balance Sheet
as at 30 September 2017

	Notes		2017 £		2016 £
Fixed assets					
Tangible assets	5		1,649		439
			1,649		439
Current assets					
Debtors	6	568		0	
Cash at bank and in hand		7,820		9,886	
		8,388		9,886	
Creditors: amounts falling due within one year	7	5,130		10,127	
Net current assets / (liabilities)			3,258		(241)
Total assets less current liabilities			4,907		198
Total net assets (liabilities)			4,907		198
Capital and reserves					
Called up share capital	8		10		10
Profit and loss account			4,297		188
Shareholders' funds			4,307		198

Older Habits Limited
Balance Sheet
as at 30 September 2017

These accounts have been prepared and delivered in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The directors have not delivered a copy of the company's Profit and Loss account as permitted by s444(5A) of the Companies Act 2006.

For the year ending 30 September 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Signed on behalf of the board of directors

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Mr L Sparkes

Director

Approved by the board on 5 October 2017

Company No: 09805921 (England and Wales)

Older Habits Limited
Notes to the Accounts
for the year ended 30 September 2017

1. Accounting policies

Basis of preparation of financial statements

These financial statements have been prepared under the historic cost convention in accordance with the accounting policies set out below and with section 1A of FRS 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland, and the Companies Act 2006. The presentation currency is sterling.

Changes in accounting standards, policies and estimates

The transition to a new accounting standard has resulted to some changes in the accounting policies. The nature of these changes, and any impact on the values displayed for the comparative period, are explained in the notes below where applicable.

Tangible fixed assets depreciation policy

Tangible fixed assets are stated at cost less accumulated depreciation and impairment losses. Depreciation is provided, after taking account of any grants receivable, at rates calculated to write off the cost of fixed assets, less the estimated residual value, over their estimated useful lives.

Equipment	50% Straight Line

Pensions

The company operates a defined contribution pension scheme, with contributions charged to the profit and loss account for the year in which they are payable to the scheme.

2. Taxation

	2017	2016
	£	£
UK Corporation Tax	4,395	4,682
Tax on profit/(loss) on ordinary activities	4,395	4,682

3. Profit or loss

Profit before tax as stated after charging the following:	2017	2016
	£	£
Depreciation - owned assets	2,089	440
Directors' remuneration	8,106	4,026

4. Income or expenditure of exceptional size or incidence

Sales income of £4,684 is attributed to sales made outside the EU.

5. Tangible fixed assets

	Equipment	Total
Cost or valuation	£	£
At 1 October 2016	879	879
Additions	3,299	3,299
At 30 September 2017	4,178	4,178
Depreciation		
At 1 October 2016	440	440
Charge for the period	2,089	2,089
At 30 September 2017	2,529	2,529
Net book value		
At 30 September 2017	1,649	1,649
At 30 September 2016	439	439

6. Debtors

	2017	2016
	£	£
Trade debtors	568	0
	568	0

7. Creditors: amounts falling due within one year

	2017	2016
	£	£
Other creditors	5,730	10,127
	5,130	10,127

8. Share capital

	2017	2016
	£	£
Allotted, called up and fully paid:		
10 (2016: 10) Ord shares of £1.00 each	10	10
	10	10

9. Dividends

	2017	2016
	£	£
Total dividend payment	14,681	18,628

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.