

**FIRST LIGHT CHILDREN'S YOGA LTD
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Hippey Accountancy Services
FMAAT
45 Farringdon Street
Monkston Park
Milton Keynes
MK10 9PS

First Light Children's Yoga Ltd
Financial Statements
For The Year Ended 31 March 2022

Contents

	Page
Balance Sheet	1—2
Notes to the Financial Statements	3—4

First Light Children's Yoga Ltd
Balance Sheet
As at 31 March 2022

Registered number: 09475708

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Intangible Assets	3		2,200		4,400
			<u>2,200</u>		<u>4,400</u>
CURRENT ASSETS					
Cash at bank and in hand		9,507		5,701	
		<u>9,507</u>		<u>5,701</u>	
Creditors: Amounts Falling Due Within One Year	4	(2,205)		(1,219)	
		<u>(2,205)</u>		<u>(1,219)</u>	
NET CURRENT ASSETS (LIABILITIES)					
			<u>7,302</u>		<u>4,482</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
			<u>9,502</u>		<u>8,882</u>
Creditors: Amounts Falling Due After More Than One Year					
	5		(23,500)		(23,500)
			<u>(23,500)</u>		<u>(23,500)</u>
NET LIABILITIES					
			<u>(13,998)</u>		<u>(14,618)</u>
CAPITAL AND RESERVES					
Called up share capital	6		100		100
Profit and Loss Account			(14,098)		(14,718)
			<u>(14,098)</u>		<u>(14,718)</u>
SHAREHOLDERS' FUNDS					
			<u>(13,998)</u>		<u>(14,618)</u>

First Light Children's Yoga Ltd
Balance Sheet (continued)
As at 31 March 2022

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Mrs Julie Pearson

Director

19th March 2023

The notes on pages 3 to 4 form part of these financial statements.

First Light Children's Yoga Ltd
Notes to the Financial Statements
For The Year Ended 31 March 2022

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Intangible Fixed Assets and Amortisation - Other Intangible

Other intangible assets are relating to purchase of franchise. It is amortised to profit and loss account over its estimated economic life of five years.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 1 (2021: 1)

3. Intangible Assets

	Other £
Cost	
As at 1 April 2021	23,000
As at 31 March 2022	23,000
Amortisation	
As at 1 April 2021	18,600
Provided during the period	2,200
As at 31 March 2022	20,800
Net Book Value	
As at 31 March 2022	2,200
As at 1 April 2021	4,400

4. Creditors: Amounts Falling Due Within One Year

	2022 £	2021 £
Trade creditors	765	-
Accruals and deferred income	672	671
Director's loan account	768	548
	2,205	1,219

First Light Children's Yoga Ltd
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2022

5. Creditors: Amounts Falling Due After More Than One Year

	2022	2021
	£	£
Directors loan account	23,500	23,500
	<u>23,500</u>	<u>23,500</u>

6. Share Capital

	2022	2021
Allotted, Called up and fully paid	100	100
	<u>100</u>	<u>100</u>

7. Ultimate Controlling Party

The company's ultimate controlling party is Mrs Julie Pearson by virtue of her ownership of 100% of the issued share capital in the company.

8. General Information

First Light Children's Yoga Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 09475708 . The registered office is 10 Lavender Grove, Walnut Tree, Milton Keynes, MK7 7DB.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.