Registration number: 9192589

Freedom Fitness Ltd

Annual Report and Unaudited Financial Statements
for the Year Ended 31 January 2017

Moneypad Limited
Queen Anne House
Bridge Road
Bagshot
Surrey
GU19 5AT

Freedom Fitness Ltd

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Freedom Fitness Ltd

Company Information

Director	Mr Andrew Richard Jefcoate
Registered office	Queen Anne House Bridge Road Bagshot Surrey GU19 5AT
Accountants	Moneypad Limited Queen Anne House Bridge Road Bagshot Surrey GU19 5AT

Chartered Accountants' Report to the Director on the Preparation of the Unaudited Statutory Accounts of Freedom Fitness Ltd for the Year Ended 31 January 2017

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Freedom Fitness Ltd for the year ended 31 January 2017 as set out on pages 3 to 5 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at http://www.icaew.com/en/members/regulations-standards-and-guidance/.

This report is made solely to the Board of Directors of Freedom Fitness Ltd, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Freedom Fitness Ltd and state those matters that we have agreed to state to the Board of Directors of Freedom Fitness Ltd, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Freedom Fitness Ltd and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Freedom Fitness Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Freedom Fitness Ltd. You consider that Freedom Fitness Ltd is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Freedom Fitness Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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Moneypad Limited
Queen Anne House
Bridge Road
Bagshot
Surrey
GU19 5AT

29 October 2017

Freedom Fitness Ltd

(Registration number: 9192589)
Balance Sheet as at 31 January 2017

	Note	2017 £	2016 £
Fixed assets		283,959	30,359
Current assets		36,623	1,698
Prepayments and accrued income		5,000	-
Creditors: Amounts falling due within one year		(214,958)	(44,378)
Net current liabilities		(173,335)	(42,680)
Total assets less current liabilities		110,624	(12,321)
Creditors: Amounts falling due after more than one year		(195,353)	-
		(84,729)	(12,321)
Capital and reserves		(84,729)	(12,321)

The notes on page 4 form an integral part of these financial statements.

Freedom Fitness Ltd

(Registration number: 9192589)
Balance Sheet as at 31 January 2017

Notes to the Financial Statements for the Year Ended 31 January 2017

1 General information

The company is a private company limited by share capital incorporated in England and Wales.

The address of its registered office is:
Queen Anne House
Bridge Road
Bagshot
Surrey
GU19 5AT
England

These financial statements were authorised for issue by the director on 29 October 2017.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Financial commitments, guarantees and contingencies

The total amount of financial commitments not included in the balance sheet is £76,658 (2016 - £-). The company has lease payments under non-cancellable operating leases in relation to rent of £30,000 per annum for a lease period of > 5 years (increasing to £60,000 per annum for future years) and in relation to equipment leasing of £46,658 per annum for a lease period of < 5 years.
A fixed and floating charge is in place on all the assets of the company in relation to the bank loan with HSBC Bank Ltd.

Freedom Fitness Ltd

(Registration number: 9192589)
Balance Sheet as at 31 January 2017

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 January 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the director on 29 October 2017

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Mr Andrew Richard Jefcoate

Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.