

Abbreviated Unaudited Accounts for the Year Ended 31st July 2016

for

**Sarah Young Consulting and Coaching
Limited**

**Sarah Young Consulting and Coaching
Limited (Registered number: 09152921)**

**Contents of the Abbreviated Accounts
for the Year Ended 31st July 2016**

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	4

**Sarah Young Consulting and Coaching
Limited**

**Company Information
for the Year Ended 31st July 2016**

DIRECTOR:	Miss S Young
REGISTERED OFFICE:	22 Market Place Melbourne Derbyshire DE73 8DS
REGISTERED NUMBER:	09152921 (England and Wales)
ACCOUNTANTS:	Andersons Accountants Ltd Chartered Certified Accountants Bank Chambers Market Place Melbourne Derbyshire DE73 8DS

**Sarah Young Consulting and Coaching
Limited (Registered number: 09152921)**

**Abbreviated Balance Sheet
31st July 2016**

	Notes	2016 £	£	2015 £	£
FIXED ASSETS					
Tangible assets	2		254		381
CURRENT ASSETS					
Debtors		5,226		1,110	
Cash at bank		<u>1,516</u>		<u>7,802</u>	
		6,742		8,912	
CREDITORS					
Amounts falling due within one year		<u>6,922</u>		<u>8,764</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(180)</u>		<u>148</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			74		529
PROVISIONS FOR LIABILITIES			<u>51</u>		<u>76</u>
NET ASSETS			<u><u>23</u></u>		<u><u>453</u></u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>22</u>		<u>452</u>
SHAREHOLDERS' FUNDS			<u><u>23</u></u>		<u><u>453</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The notes form part of these abbreviated accounts

**Sarah Young Consulting and Coaching
Limited (Registered number: 09152921)**

**Abbreviated Balance Sheet - continued
31st July 2016**

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 17th October 2016 and were signed by:

Miss S Young - Director

The notes form part of these abbreviated accounts

**Sarah Young Consulting and Coaching
Limited (Registered number: 09152921)**

**Notes to the Abbreviated Accounts
for the Year Ended 31st July 2016**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of services, raised at point of performance, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st August 2015 and 31st July 2016	<u>453</u>
DEPRECIATION	
At 1st August 2015	72
Charge for year	<u>127</u>
At 31st July 2016	<u>199</u>
NET BOOK VALUE	
At 31st July 2016	<u>254</u>
At 31st July 2015	<u>381</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2016 £	2015 £
1	ordinary	£1	<u>1</u>	<u>1</u>

**Sarah Young Consulting and Coaching
Limited (Registered number: 09152921)**

**Notes to the Abbreviated Accounts - continued
for the Year Ended 31st July 2016**

4. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to a director subsisted during the year ended 31st July 2016 and the period ended 31st July 2015:

	2016 £	2015 £
Miss S Young		
Balance outstanding at start of year	-	-
Amounts advanced	4,196	-
Amounts repaid	-	-
Balance outstanding at end of year	<u>4,196</u>	<u>-</u>

5. GOING CONCERN

The director and shareholders have reviewed the financial results for the year and are of the opinion that the company has sufficient resources to continue to trade for at least the next twelve months. As a result the going concern basis of accounting has been adopted.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.