REGISTERED NUMBER: 09152921 (England and Wales)

Abbreviated Unaudited Accounts

for the Period 30th July 2014 to 31st July 2015

for

Sarah Young Consulting and Coaching Limited

Sarah Young Consulting and Coaching Limited (Registered number: 09152921)

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Sarah Young Consulting and Coaching Limited

Company Information for the Period 30th July 2014 to 31st July 2015

DIRECTOR:	Miss S Young
REGISTERED OFFICE:	22 Market Place Melbourne Derbyshire DE73 8DS
REGISTERED NUMBER:	09152921 (England and Wales)
ACCOUNTANTS:	Andersons Accountants Ltd Chartered Certified Accountants Bank Chambers Market Place Melbourne Derbyshire DE73 8DS

Certified Accountants' Report to the Director on the Unaudited Financial Statements of Sarah Young Consulting and Coaching Limited

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages three to six) have been prepared.

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Sarah Young Consulting and Coaching Limited for the period ended 31st July 2015 which comprise the Profit and Loss Account, the Balance Sheet, and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at http://rulebook.accaglobal.com.

This report is made solely to the director of Sarah Young Consulting and Coaching Limited in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Sarah Young Consulting and Coaching Limited and state those matters that we have agreed to state to the director of Sarah Young Consulting and Coaching Limited in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at http://www.accaglobal.com/factsheet163. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its director for our work or for this report.

It is your duty to ensure that Sarah Young Consulting and Coaching Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Sarah Young Consulting and Coaching Limited. You consider that Sarah Young Consulting and Coaching Limited is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the financial statements of Sarah Young Consulting and Coaching Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Andersons Accountants Ltd
Chartered Certified Accountants
Bank Chambers
Market Place
Melbourne
Derbyshire
DE73 8DS

19th October 2015

Sarah Young Consulting and Coaching Limited (Registered number: 09152921)

Abbreviated Balance Sheet
31st July 2015

	Notes	£	£
FIXED ASSETS			
Tangible assets	2		381
CURRENT ASSETS			
Debtors		1,110	
Cash at bank		7,802	
		8,912	
CREDITORS			
Amounts falling due within one year		8,764	
NET CURRENT ASSETS			148
TOTAL ASSETS LESS CURRENT LIABILITIES			529
PROVISIONS FOR LIABILITIES			76
NET ASSETS			453
CAPITAL AND RESERVES			
Called up share capital	3		1
Profit and loss account			452
SHAREHOLDERS' FUNDS			453

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st July 2015.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st July 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

Abbreviated Balance Sheet - continued
31st July 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 19th October 2015 and were signed by:

Miss S Young - Director

The notes form part of these abbreviated accounts

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover
Turnover represents net invoiced sales of services, raised at point of performance, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total
	£
COST	
Additions	453
At 31st July 2015	453
DEPRECIATION	
Charge for period	72
At 31st July 2015	72
NET BOOK VALUE	
At 31st July 2015	381

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
1	Ordinary	£1	1

1 Ordinary share of £1 was allotted and fully paid for cash at par during the period.

4. GOING CONCERN

The director and shareholders have reviewed the financial results for the year and are of the opinion that the company has sufficient resources to continue to trade for at least the next twelve months. As a result the going concern basis of accounting has been adopted.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.