

Registered number
08981663

D2F Fitness Limited

Abbreviated Accounts

31 December 2015

D2F Fitness Limited

Report to the directors on the preparation of the unaudited abbreviated accounts of D2F Fitness Limited for the year ended 31 December 2015

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of D2F Fitness Limited for the year ended 31 December 2015 which comprise of the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

BKB Accountants Ltd
Chartered Certified Accountants
Unit 3 Vista Place
Ingworth Road
Poole
Dorset
BH12 1JY

7 March 2016

D2F Fitness Limited**Registered number:** 08981663**Abbreviated Balance Sheet****as at 31 December 2015**

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets	2	4,970	-
Current assets			
Stocks		240,280	-
Debtors		260,834	200
Cash at bank and in hand		58,335	-
		<u>559,449</u>	<u>200</u>
Creditors: amounts falling due within one year		(582,136)	-
Net current (liabilities)/assets		<u>(22,687)</u>	<u>200</u>
Net (liabilities)/assets		<u>(17,717)</u>	<u>200</u>
Capital and reserves			
Called up share capital	4	200	200
Profit and loss account		(17,917)	-
Shareholders' funds		<u>(17,717)</u>	<u>200</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mr Robert Porter-Smith

Director

Approved by the board on 7 March 2016

D2F Fitness Limited
Notes to the Abbreviated Accounts
for the year ended 31 December 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	4 Year Straight Line
Motor vehicles	25% Reducing Balance

Stocks

Stock is valued at the lower of cost and net realisable value.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

Going Concern

At the balance sheet date the Company was insolvent. The directors have agreed to financially support the Company for the next 12 months.

2 Tangible fixed assets

£

Cost

Additions	6,038
At 31 December 2015	<u>6,038</u>

Depreciation

Charge for the year	1,068
At 31 December 2015	<u>1,068</u>

Net book value

At 31 December 2015	<u>4,970</u>
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3 Loans

2015

2014

	£	£
Creditors include:		
Secured bank loans	101,725	-

4 Share capital	Nominal value	2015 Number	2015 £	2014 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	200	200	200

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.