

AMENDED

Abbreviated Unaudited Accounts for the Year Ended 31 January 2016

for

The Strengths Practice Limited

THURSDAY



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COMPANIES HOUSE

The Strengths Practice Limited

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for the Year Ended 31 January 2016

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The Strengths Practice Limited
Company Information
for the Year Ended 31 January 2016

DIRECTOR:

Ms A Morris

SECRETARY:

REGISTERED OFFICE:

Sochall Smith
Unit 4 Park Square
Chapelton
Sheffield
South Yorkshire
S35 2PH

REGISTERED NUMBER:

08852521 (England and Wales)

ACCOUNTANTS:

Sochall Smith Limited
4 Park Square
Newton Chambers Road
Chapelton
Sheffield
South Yorkshire
S35 2PH

Abbreviated Balance Sheet
31 January 2016

	Notes	£	£
FIXED ASSETS			
Tangible assets	2		396
CURRENT ASSETS			
Cash at bank		14,387	
CREDITORS			
Amounts falling due within one year		6,887	
NET CURRENT ASSETS			7,500
TOTAL ASSETS LESS CURRENT LIABILITIES			7,896
CAPITAL AND RESERVES			
Called up share capital	3		1
Profit and loss account			7,895
SHAREHOLDERS' FUNDS			7,896

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 31 October 2016 and were signed by:



Ms A Morris - Director

The notes form part of these abbreviated accounts

The Strengths Practice Limited
Notes to the Abbreviated Accounts
for the Year Ended 31 January 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment - 25% on reducing balance

2. TANGIBLE FIXED ASSETS

	Total £
COST	
Additions	528
At 31 January 2016	528
DEPRECIATION	
Charge for year	132
At 31 January 2016	132
NET BOOK VALUE	
At 31 January 2016	396

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
1	Ordinary	1	1

The Strengths Practice Limited

Report of the Accountants to the Director of
The Strengths Practice Limited

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to three) have been prepared.

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 31 January 2016 set out on pages nil to nil and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Sochall Smith Limited
4 Park Square
Newton Chambers Road
Chapelton
Sheffield
South Yorkshire
S35 2PH

Date:

This page does not form part of the abbreviated accounts