

Innermind Limited

Unaudited Filleted Financial Statements
for the Year Ended 30 August 2024

Innermind Limited

Contents

Company Information	<u>1</u>
Director's Report	<u>2</u>
Accountants' Report	<u>3</u>
Statement of Income and Retained Earnings	<u>4</u>
Balance Sheet	<u>5</u>
Notes to the Unaudited Financial Statements	<u>6 to 8</u>

Innermind Limited

Company Information

Director	N Manta
Registered office	6 Quaker Rise Brierfield Nelson Lancashire BB9 5PY
Accountants	Streets MacMahon Leggate Chartered Accountants 1st Floor Kingsway House Kingsway Burnley Lancashire BB11 1BJ

Innermind Limited

Director's Report for the Year Ended 30 August 2024

The director presents his report and the financial statements for the year ended 30 August 2024.

Director of the company

The director who held office during the year was as follows:

N Manta

Principal activity

The principal activity of the company is complimentary health therapy.

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the director on 3 December 2025

.....

N Manta

Director

**Chartered Accountants' Report to the Director on the Preparation of the Unaudited Statutory
Accounts of
Innermind Limited
for the Year Ended 30 August 2024**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Innermind Limited for the year ended 30 August 2024 as set out on pages 4 to 8 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/regulation>.

This report is made solely to the Board of Directors of Innermind Limited, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Innermind Limited and state those matters that we have agreed to state to the Board of Directors of Innermind Limited, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Innermind Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Innermind Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Innermind Limited. You consider that Innermind Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Innermind Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

.....
Streets MacMahon Leggate
Chartered Accountants
1st Floor
Kingsway House
Kingsway
Burnley
Lancashire
BB11 1BJ

3 December 2025

Innermind Limited

Profit and Loss Account and Statement of Retained Earnings for the Year Ended 30 August 2024

	Note	2024 £	2023 £
Turnover		-	-
Administrative expenses		<u>(13,678)</u>	<u>(9,658)</u>
Operating loss		<u>(13,678)</u>	<u>(9,658)</u>
Loss before tax		<u>(13,678)</u>	<u>(9,658)</u>
Loss for the financial year		(13,678)	(9,658)
Retained earnings brought forward		<u>(31,143)</u>	<u>(21,485)</u>
Retained earnings carried forward		<u><u>(44,821)</u></u>	<u><u>(31,143)</u></u>

Innermind Limited
(Registration number: 08801607)
Balance Sheet as at 30 August 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	<u>4</u>	1,480	1,835
Current assets			
Cash at bank and in hand		74	592
Creditors: Amounts falling due within one year	<u>5</u>	(46,374)	(33,569)
Net current liabilities		(46,300)	(32,977)
Net liabilities		(44,820)	(31,142)
Capital and reserves			
Called up share capital		1	1
Retained earnings		(44,821)	(31,143)
Shareholders' deficit		(44,820)	(31,142)

For the financial year ending 30 August 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. As permitted by section 444 (5A) of the Companies Act 2006, the director has not delivered to the registrar a copy of the Profit and Loss Account.

Approved and authorised by the director on 3 December 2025

.....

N Manta

Director

Innermind Limited

Notes to the Unaudited Financial Statements for the Year Ended 30 August 2024

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

6 Quaker Rise
Brierfield
Nelson
Lancashire
BB9 5PY
England

These financial statements were authorised for issue by the director on 3 December 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A - 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

Basis of preparation

These financial statements have been prepared in sterling (£) using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Going concern

The financial statements have been prepared on a going concern basis.

Tangible assets

Tangible assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class	Depreciation method and rate
Office equipment	33% reducing balance
Fixtures and fittings	33% reducing balance

Innermind Limited

Notes to the Unaudited Financial Statements for the Year Ended 30 August 2024

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

3 Staff numbers

The average number of persons employed by the company (including the director) during the year, was 1 (2023 - 1).

Innermind Limited

Notes to the Unaudited Financial Statements for the Year Ended 30 August 2024

4 Tangible assets

	Furniture, fittings and equipment £	Total £
Cost or valuation		
At 31 August 2023	8,576	8,576
At 30 August 2024	8,576	8,576
Depreciation		
At 31 August 2023	6,741	6,741
Charge for the year	355	355
At 30 August 2024	7,096	7,096
Carrying amount		
At 30 August 2024	1,480	1,480
At 30 August 2023	1,835	1,835

5 Creditors

Creditors: amounts falling due within one year

	2024 £	2023 £
Due within one year		
Taxation and social security	649	485
Accruals and deferred income	1,320	1,250
Other creditors	44,405	31,834
	46,374	33,569

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.