

FIT TO GROW LIMITED

**Company Registration Number:
08765021 (England and Wales)**

Unaudited Micro-Entity Financial Statements (Balance Sheet and Footnotes only)

Period of accounts

Start date: 01 December 2015

End date: 30 November 2016

FIT TO GROW LIMITED

Company Information

for the Period Ended 30 November 2016

Director:	Sian Alison Tindal
Secretary:	Sian Alison Tindal
Registered office:	The Brew House School Lane, Cookham Maidenhead SL6 9QN
Company Registration Number:	08765021 (England and Wales)

FIT TO GROW LIMITED

Micro-Entity Balance sheet

As at 30 November 2016

	<i>2016</i> £	<i>2015</i> £
Current assets:	3,369	2,879
Prepayments and accrued income:	170	861
Creditors: amounts falling due within one year:	(31)	(339)
Net current assets (liabilities):	3,508	3,401
Total assets less current liabilities:	3,508	3,401
Accruals and deferred income:		(8)
Total net assets (liabilities):	3,508	3,393
Capital and reserves:	3,508	3,393

FIT TO GROW LIMITED

Balance sheet continued

As at 30 November 2016

For the year ending 30 November 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

The financial statements were approved by the Board of Directors on 30 August 2017

SIGNED ON BEHALF OF THE BOARD BY:

Name: Sian Alison Tindal

Status: Director

Footnotes:

Advances and credits

An interest free loan of £253.80 was made to the director during the year. This was repaid in full on 20.2.17.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.