

**SUPERFOOD SUPPLIES LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 OCTOBER 2016**

Accentor Associates Limited

Chartered Accountants

639 Green Lanes
London
N8 0RE

SUPERFOOD SUPPLIES LIMITED
Company No. 08720708
Abbreviated Balance Sheet 31 October 2016

		2016		2015	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	2		32,000		-
			32,000		-
CURRENT ASSETS					
Debtors	3	2,930		2,327	
Cash at bank and in hand		15,173		51,105	
		18,403		56,732	
Creditors: Amounts Falling Due Within One Year					
		(55,155)		(55,988)	
NET CURRENT ASSETS (LIABILITIES)			(36,752)		744
TOTAL ASSETS LESS CURRENT LIABILITIES			(4,752)		744
NET ASSETS			(4,752)		744
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and Loss Account			(4,852)		644
SHAREHOLDERS' FUNDS			(4,752)		744

SUPERFOOD SUPPLIES LIMITED
Company No. 08720708
Abbreviated Balance Sheet (continued) 31 October 2016

For the year ending 31 October 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

Mr Kaveh Kadkhoda Zadeh

28/07/2017

SUPERFOOD SUPPLIES LIMITED
Notes to the Abbreviated Accounts
For The Year Ended 31 October 2016

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2. Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	Reducing balance
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2. Tangible Assets

	Total
Cost	£
As at 1 November 2015	-
Additions	40,000
As at 31 October 2016	40,000
Depreciation	
As at 1 November 2015	-
Provided during the period	8,000
As at 31 October 2016	8,000
Net Book Value	
As at 31 October 2016	32,000
As at 1 November 2015	-

3. Debtors

Debtors include an amount of £ 2,327 (2015 - £ 2,327) falling due after more than one year.

4. Share Capital

	Value	Number	2016	2015
Allotted, called up and fully paid	£		£	£
Ordinary shares	1,000	100	100	100

5. Ultimate Controlling Party

The company's ultimate controlling party is by virtue of his ownership of 100% of the issued share capital in the company.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.