Registered Number 08613261

PROGRAMMES FOR HEALTH LIMITED

Micro-entity Accounts

31 July 2017

PROGRAMMES FOR HEALTH LIMITED **Registered Number 08613261**

Micro-entity Balance Sheet as at 31 July 2017

	Notes	*2017*	*2016*
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets		-	-
Tangible assets	1	320,095	318,183
Investments		-	-
		320,095	318,183
Current assets			
Stocks		-	-
Debtors		32,692	47,856
Investments		-	-
Cash at bank and in hand		156,154	98,484
		188,846	146,340
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(54,265)	(59,663)
Net current assets (liabilities)		134,581	86,677
Total assets less current liabilities		454,676	404,860
Creditors: amounts falling due after more than one year		(150,000)	(150,000)
Total net assets (liabilities)		304,676	254,860
Capital and reserves			
Called up share capital	2	2	2
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		304,674	254,858
Shareholders' funds		304,676	254,860

- For the year ending 31 July 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 4 April 2018

And signed on their behalf by:
Dr S Laitner, Director

Notes to the Micro-entity Accounts for the period ended 31 July 2017

1 Tangible fixed assets

	£
Cost	
At 1 August 2016	318,532
Additions	3,212
Disposals	0
Revaluations	0
Transfers	0
At 31 July 2017	321,744
Depreciation	
At 1 August 2016	349
Charge for the year	1,300
On disposals	-
At 31 July 2017	1,649
Net book values	
At 31 July 2017	320,095
At 31 July 2016	318,183

2 Called Up Share Capital

Allotted, called up and fully paid:

	2017	*2016*
	£	£
2 Ordinary shares of £1 each	2	2

3 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Tangible assets depreciation policy

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:
Office equipment - 33% straight line
Equipment for rental property - 33% straight line

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the Companies Act 2006.