Registered Number 08613261

PROGRAMMES FOR HEALTH LIMITED

Micro-entity Accounts

31 July 2016

PROGRAMMES FOR HEALTH LIMITED **Registered Number 08613261**

Micro-entity Balance Sheet as at 31 July 2016

	Notes	*2016*	*2015*
		£	£
Called up share capital not paid		-	-
Fixed Assets		318,183	249
Current assets			
Stocks		-	-
Debtors		47,856	43,788
Investments		-	-
Cash at bank and in hand		98,484	212,912
		146,340	256,700
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(59,663)	(50,375)
Net current assets (liabilities)		86,677	206,325
Total assets less current liabilities		404,860	206,574
Creditors: amounts falling due after more than one year		(150,000)	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		254,860	206,574
Capital and reserves			
Called up share capital	1	2	2
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		254,858	206,572
Shareholders' funds		254,860	206,574

- For the year ending 31 July 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 28 April 2017

And signed on their behalf by:
Dr S Laitner, Director

Notes to the Micro-entity Accounts for the period ended 31 July 2016

1 **Called Up Share Capital**

Allotted, called up and fully paid:

	2016	*2015*
	£	£
2 Ordinary shares of £1 each	2	2

2 **Accounting Policies**

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Tangible assets depreciation policy

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:
Equipment - 33% Straight line
Rental Property Equipment - 33% Straight Line

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