Registered number
08545721

Next Step Exercise and Performance Limited

Abbreviated Accounts

31 May 2015

Next Step Exercise and Performance Limited

Registered number: 08545721

Abbreviated Balance Sheet

as at 31 May 2015

	Notes		2015		2014
			£		£
Fixed assets					
Tangible assets	2		17,168		22,891
Current assets					
Debtors		249		228	
Cash at bank and in hand		5,955		1,156	
		6,204		1,384	
Creditors: amounts falling due within one year		(40,901)		(35,423)	
Net current liabilities			(34,697)		(34,039)
Net liabilities			(17,529)		(11,148)
Capital and reserves					
Called up share capital	3		200		100
Profit and loss account			(17,729)		(11,248)
Shareholders' funds			(17,529)		(11,148)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr T P Button

Director

Approved by the board on 29/02/2016

Next Step Exercise and Performance Limited

Notes to the Abbreviated Accounts

for the year ended 31 May 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings	20% straight line
Plant and machinery	25% reducing balance

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Tangible fixed assets

	£
Cost	
At 1 June 2014	28,652
At 31 May 2015	28,652
Depreciation	
At 1 June 2014	5,761
Charge for the year	5,723
At 31 May 2015	11,484
Net book value	
At 31 May 2015	17,168
At 31 May 2014	22,891

3 Share capital

	Nominal value	2015 Number	2015 £	2014 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	200	200	100

	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	100	100

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