

Registered number
08447921

PUSH LIFE LIMITED

Abbreviated Accounts

30 June 2016

PUSH LIFE LIMITED**Registered number:** 08447921**Abbreviated Balance Sheet****as at 30 June 2016**

	Notes	2016 £	2015 £
Fixed assets			
Tangible assets	2	65	96
Current assets			
Debtors		73,909	73,909
Cash at bank and in hand		(27)	19
		<u>73,882</u>	<u>73,928</u>
Creditors: amounts falling due within one year		(88,789)	(95,520)
Net current liabilities		<u>(14,907)</u>	<u>(21,592)</u>
Net liabilities		<u>(14,842)</u>	<u>(21,496)</u>
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		(14,844)	(21,498)
Shareholders' funds		<u>(14,842)</u>	<u>(21,496)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Thomas Bingham

Director

Approved by the board on 21 March 2017

PUSH LIFE LIMITED

Notes to the Abbreviated Accounts for the year ended 30 June 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
Motor vehicles	25% straight line

2 Tangible fixed assets

£

Cost

At 1 July 2015	158
At 30 June 2016	158

Depreciation

At 1 July 2015	62
Charge for the year	31
At 30 June 2016	93

Net book value

At 30 June 2016	65
At 30 June 2015	96

3 Share capital

	Nominal value	2016 Number	2016 £	2015 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	-	2	2

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