

P.D. FITNESS TRAINING LTD

ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2016

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P.D. FITNESS TRAINING LTD
 Company registered number: 08444721
ABBREVIATED BALANCE SHEET
AT 31 March 2016

	Note	2016 £	2015 £
FIXED ASSETS			
Tangible Assets	2	5,778	2,561
CURRENT ASSETS			
Debtors falling due within one year		-	-
Cash at bank and in hand		42,838	5,732
		42,838	5,732
CREDITORS: Amounts falling due within one year		31,980	1,942
NET CURRENT ASSETS		10,858	3,790
NET ASSETS		£16,636	£6,351
CAPITAL AND RESERVES			
Profit and loss account		16,636	6,351
SHAREHOLDERS' FUNDS		£16,636	£6,351

In approving these financial statements as directors of the company we hereby confirm the following:

For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- 1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476,
- 2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These abbreviated accounts were approved by the board of directors on 25 August 2016

P Doocey, Director

The notes on pages 2 to 3 form part of these accounts
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NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2016

1. ACCOUNTING POLICIES

1a. Basis of accounting

The financial statements have been prepared under the historical cost convention.

1b. Tangible fixed assets

Fixed assets are shown at historical cost.

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	Reducing balance 25%
Vehicles	Reducing balance 25%
Fixtures and fittings	Reducing balance 15%
Equipment	Reducing balance 15%

1c. Taxation

Corporation tax payable is provided on taxable profits at the current rate.

1d. Turnover

Turnover comprises the value of sales (excluding VAT and similar taxes and trade discounts) of goods and services in the normal course of business.

2. TANGIBLE FIXED ASSETS

	2016	2015
	£	£
Cost		
At 01 April 2015	3,343	2,199
Additions	4,237	1,144
At 31 March 2016	<u>7,580</u>	<u>3,343</u>
Depreciation		
At 01 April 2015	782	330
For the year	1,020	452
At 31 March 2016	<u>1,802</u>	<u>782</u>
Net Book Amounts		
At 31 March 2016	<u>£5,778</u>	<u>£2,561</u>

P.D. FITNESS TRAINING LTD
NOTES TO THE ABBREVIATED ACCOUNTS (CONT.)
FOR THE YEAR ENDED 31 MARCH 2016

3. SHARE CAPITAL

2016	2015
£	£

Allotted, issued and fully paid:

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4. ULTIMATE PARENT COMPANY

The company is a subsidiary undertaking of ... incorporated in ... registered in England and Wales.

5. RELATED PARTIES

Directors' loans (eg debtors)

Directors' material interests (eg transactions with directors)

Controlling parties.

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