Company Registration No. 8400521 (England and Wales)

LIFE FLOW HEALING LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2023

LIFE FLOW HEALING LTD
UNAUDITED ACCOUNTS
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LIFE FLOW HEALING LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2023

Director	Sara Zieborak
Company Number	8400521 (England and Wales)
Registered Office	International House 12 Constance Street London E16 2DQ England
Accountants	Dorota Cukierska International House 142 Cromwell Road London SW7 4EF

LIFE FLOW HEALING LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2023

	Notes	2023 £	2022 £
Called up share capital not paid		2	2
Current assets			
Debtors	4	-	7,361
Cash at bank and in hand		8,142	11,108
		8,142	18,469
Net current assets		8,142	18,469
Total assets less current liabilities		8,144	18,471
Creditors: amounts falling due after more than one year	5	(16,052)	(18,061)
Net (liabilities)/assets		(7,908)	410
Capital and reserves			
Called up share capital	6	2	2
Profit and loss account		(7,910)	408
Shareholders' funds		(7,908)	410

For the year ending 30 November 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 26 October 2024 and were signed on its behalf by

Sara Zieborak
Director

Company Registration No. 8400521

LIFE FLOW HEALING LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2023

1 Statutory information

LIFE FLOW HEALING LTD is a private company, limited by shares, registered in England and Wales, registration number 8400521. The registered office is International House, 12 Constance Street, London, E16 2DQ, England.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

4 Debtors

	2023	2022
	£	£
Amounts falling due within one year		
Trade debtors	-	7,361

5 Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Bank loans	16,052	18,061

6 Share capital

	2023	2022
	£	£
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1
1 ordinary shares of £1 each	1	1
	2	2

7 Average number of employees

During the year the average number of employees was 2 (2022: 2).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.