

LIFE FLOW HEALING LTD

**Company Registration Number:
08400521 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 13th February 2013

End date: 12th February 2014

SUBMITTED

LIFE FLOW HEALING LTD

Company Information for the Period Ended 12th February 2014

Director:	Sara Zieborak
Registered office:	204 Parrock Street Gravesend Kent DA12 1EW
Company Registration Number:	08400521 (England and Wales)

LIFE FLOW HEALING LTD

Abbreviated Balance sheet As at 12th February 2014

	Notes	2014 £	£
Current assets			
Cash at bank and in hand:		405	-
Total current assets:		<u>405</u>	<u>-</u>
Creditors			
Creditors: amounts falling due within one year		381	-
Net current assets (liabilities):		<u>24</u>	<u>-</u>
Total assets less current liabilities:		<u>24</u>	<u>-</u>
Total net assets (liabilities):		<u><u>24</u></u>	<u><u>-</u></u>

The notes form part of these financial statements

LIFE FLOW HEALING LTD

Abbreviated Balance sheet As at 12th February 2014 continued

	Notes	2014 £	£
Capital and reserves			
Called up share capital:	2	1	-
Profit and Loss account:		23	-
Total shareholders funds:		<u>24</u>	<u>-</u>

For the year ending 12 February 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 04 November 2014

SIGNED ON BEHALF OF THE BOARD BY:

Name: Sara Zieborak

Status: Director

The notes form part of these financial statements

LIFE FLOW HEALING LTD

Notes to the Abbreviated Accounts for the Period Ended 12th February 2014

1. Accounting policies

Basis of measurement and preparation of accounts

• **Basis of accounting** The financial statements are prepared on the historical cost basis of accounting and have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008) The company has taken an advantage of the exemption, conferred by Financial Reporting Standard 1, from presenting a cash flow statement as it qualifies as a small company.

Turnover policy

• **Turnover** Turnover represents net invoiced sales of goods and services, excluding value added tax.

Tangible fixed assets depreciation policy

• **Depreciation of tangible fixed assets** Depreciation is provided on all tangible assets at rates calculated to write off the full cost or valuation less estimated residual value of each asset over its estimated useful life. The principal rates in use are: Fixtures and fittings 25% on cost

Other accounting policies

• **Stocks** Stock and work in progress is valued at the lower of the cost and estimated net realisable value. Cost of raw materials is determined on the FIFO basis. In the case of work in progress and finished goods, cost includes all direct expenditure and production overheads based on the normal level of activity. Net realisable value is the price at which the stock can release in the normal course of business, less further costs to completion of sale. • **Deferred taxation** Deferred taxation is provided under the liability method in respect of all material timing differences between the profits as computed for taxation purposes and the profits as stated in the financial statements. • **Hire purchase and lease transactions** Assets acquired under hire purchase agreement and finance lease are capitalised in the balance sheet and are depreciated in accordance with the company's normal policy. The outstanding liabilities under such agreements less interest not yet due are included in creditors. Interest on such agreements is charged to the profit and loss account over the term of each agreement and represents a constant proportion of the balance of capital repayments outstanding. Rentals under operating leases are charged to profit and loss account as they fall due. • **Research and Development** Expenditure on research and development is written off in the year in which it is incurred.

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Notes to the Abbreviated Accounts for the Period Ended 12th February 2014

2. Called up share capital

Allotted, called up and paid

Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

