

Registration number 08306708

EXPERT SELF CARE LTD

Abbreviated accounts

for the year ended 30 November 2014

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EXPERT SELF CARE LTD

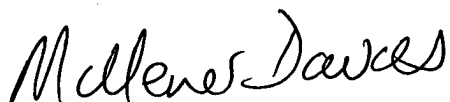
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EXPERT SELF CARE LTD

**Accountants' report on the unaudited financial statements to the director of
EXPERT SELF CARE LTD**

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 30 November 2014 set out on pages 2 to 4 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these unaudited financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.



**Millener Davies
Chartered Accountants
Southfield House
2 Southfield Road
Westbury-on-Trym
Bristol
BS9 3BH**

Date: 24 August 2015

EXPERT SELF CARE LTD

Abbreviated balance sheet at 30 November 2014

	Notes	30/11/14		30/11/13	
		£	£	£	£
Fixed assets					
Tangible assets	2		1,185		737
Current assets					
Debtors		953		-	
Cash at bank		538		1,828	
		<u>1,491</u>		<u>1,828</u>	
Creditors: amounts falling due within one year		<u>(17,661)</u>		<u>(6,179)</u>	
Net current liabilities			<u>(16,170)</u>		<u>(4,351)</u>
Total assets less current liabilities			<u>(14,985)</u>		<u>(3,614)</u>
Deficiency of assets			<u>(14,985)</u>		<u>(3,614)</u>
Capital and reserves					
Called up share capital	3		1		1
Profit and loss account			<u>(14,986)</u>		<u>(3,615)</u>
Shareholders' funds			<u>(14,985)</u>		<u>(3,614)</u>

The director's statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on page 4 form an integral part of these financial statements.

EXPERT SELF CARE LTD

Abbreviated balance sheet (continued)

Director's statements required by Sections 475(2) and (3) for the year ended 30 November 2014

For the year ended 30 November 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies .

These accounts were approved by the director on 24 August 2015, and are signed on his behalf by:



Dr Knut Schroeder
Director

Registration number 08306708

The notes on page 4 form an integral part of these financial statements.

EXPERT SELF CARE LTD

Notes to the abbreviated financial statements for the year ended 30 November 2014

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings
and equipment - 25% straight line

2. Fixed assets

Tangible fixed assets £

Cost

At 1 December 2013	983
Additions	925
At 30 November 2014	1,908

Depreciation

At 1 December 2013	246
Charge for year	477
At 30 November 2014	723

Net book values

At 30 November 2014	1,185
At 30 November 2013	737

3. Share capital

30/11/14	30/11/13
£	£

Authorised

1 Ordinary shares of £1 each	1	1
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Allotted, called up and fully paid

1 Ordinary shares of £1 each	1	1
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Equity Shares

1 Ordinary shares of £1 each	1	1
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