

REGISTERED NUMBER: 08303421 (England and Wales)

**ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2016
FOR
THE YOGA STATION LIMITED**



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FOR THE YEAR ENDED 30 JUNE 2016**

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THE YOGA STATION LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 JUNE 2016

DIRECTORS:

Dr D Burges Watson
Ms L M Ramirez

REGISTERED OFFICE:

The Station Masters Centre
Whitley Bay Metro Station
Station Road
Whitley Bay
Tyne and Wear
NE26 2QT

REGISTERED NUMBER:

08303421 (England and Wales)

ACCOUNTANTS:

Ribchesters
Chartered Accountants
Finchale House
Belmont Business Park
Durham
DH1 1TW

THE YOGA STATION LIMITED (REGISTERED NUMBER: 08303421)

**ABBREVIATED BALANCE SHEET
30 JUNE 2016**

	Notes	2016 £	2015 £
FIXED ASSETS			
Tangible assets	2	292	505
CURRENT ASSETS			
Debtors		3,728	4,354
Cash at bank		321	2,164
		<u>4,049</u>	<u>6,518</u>
CREDITORS			
Amounts falling due within one year		<u>7,510</u>	<u>6,128</u>
NET CURRENT (LIABILITIES)/ASSETS		<u>(3,461)</u>	<u>390</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(3,169)</u>	<u>895</u>
CAPITAL AND RESERVES			
Called up share capital	3	1	1
Profit and loss account		<u>(3,170)</u>	<u>894</u>
SHAREHOLDERS' FUNDS		<u>(3,169)</u>	<u>895</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2016.

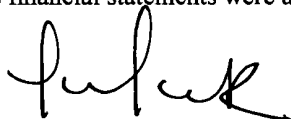
The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 29 March 2017 and were signed on its behalf by:



Ms L M Ramirez - Director

The notes form part of these abbreviated accounts

THE YOGA STATION LIMITED (REGISTERED NUMBER: 08303421)

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2016**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover derives from the principal activity of the company which is that of letting out a yoga studio. Income from rents is recognised in the profit and loss account on a receivable basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 July 2015	
and 30 June 2016	849
DEPRECIATION	
At 1 July 2015	344
Charge for year	213
At 30 June 2016	557
NET BOOK VALUE	
At 30 June 2016	292
At 30 June 2015	505

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2016 £	2015 £
1	Ordinary	£1	1	1

4. ULTIMATE PARENT COMPANY

The Station Masters Centre is the company's ultimate parent company.