REGISTERED NUMBER: 08303421 (England and Wales)

ABBREVIATED ACCOUNTS

FOR THE PERIOD

22 NOVEMBER 2012 TO 30 JUNE 2013

FOR

THE YOGA STATION LIMITED

SATURDAY

A34OAPA3
A11 29/03/2014 #72
COMPANIES HOUSE

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THE YOGA STATION LIMITED

COMPANY INFORMATION
FOR THE PERIOD 22 NOVEMBER 2012 TO 30 JUNE 2013

DIRECTOR:	Ms D Burges-Watson
REGISTERED OFFICE:	The Station Masters Centre Whitley Bay Metro Station Station Road Whitley Bay Tyne and Wear NE26 2QT
REGISTERED NUMBER:	08303421 (England and Wales)
ACCOUNTANTS:	Ribchesters Chartered Accountants 67 Saddler Street Durham City DH1 3NP

ABBREVIATED BALANCE SHEET
30 JUNE 2013

	Notes	£	£
FIXED ASSETS			
Tangible assets	2		849
CURRENT ASSETS			
Cash at bank		2,531	
CREDITORS			
Amounts falling due within one year		3,379	
NET CURRENT LIABILITIES			(848)
TOTAL ASSETS LESS CURRENT LIABILITIES			1
CAPITAL AND RESERVES			
Called up share capital	3		1
SHAREHOLDERS' FUNDS			1

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 June 2013

The members have not required the company to obtain an audit of its financial statements for the period ended 30 June 2013 in accordance with Section 476 of the Companies Act 2006

The director acknowledges her responsibilities for

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 27 March 2014 and were signed by

Ms D Burges-Watson - Director

The notes form part of these abbreviated accounts

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE PERIOD 22 NOVEMBER 2012 TO 30 JUNE 2013

1 ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery etc - 25% on cost

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

	Total £
COST	
Additions	849
At 30 June 2013	849
NET BOOK VALUE	
At 30 June 2013	849

3 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid

Number	Class	Nominal value	£
1	Ordinary	£1	1

1 Ordinary share of £1 was allotted and fully paid for cash at par during the period