

**SUPREMOFITNESS LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2018**

SUPREMOFITNESS LIMITED
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2018

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SUPREMOFITNESS LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2018

Director	F Smythe
Secretary	F Smythe
Company Number	08272521 (England and Wales)
Registered Office	11 INGLEBY ROAD ILFORD ESSEX IG1 4RX

SUPREMOFITNESS LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 JULY 2018

	2018	2017
	£	£
Fixed assets	5,088	1,807
Current assets	658	3,263
Creditors: amounts falling due within one year	(65,947)	(69,073)
Net current liabilities	(65,289)	(65,810)
Total assets less current liabilities	(60,201)	(64,003)
Net liabilities	(60,201)	(64,003)
Capital and reserves	(60,201)	(64,003)

NOTES TO THE ACCOUNTS

1 Average number of employees

During the year the average number of employees was 1 (2017: 1).

For the year ending 31 July 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 7 January 2019

F Smythe
Director

Company Registration No. 08272521

