

SUPREMOFITNESS LIMITED
ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2016

SUPREMOFITNESS LIMITED
ABBREVIATED BALANCE SHEET
AS AT 31 JULY 2016

	Notes	2016 £	2015 £
Fixed assets			
Tangible assets	<u>2</u>	1,086	1,278
Current assets			
Cash at bank and in hand		192	797
Creditors: amounts falling due within one year		(51,036)	(28,018)
Net current liabilities		<u>(50,844)</u>	<u>(27,221)</u>
Net liabilities		(49,758)	(25,943)
Capital and reserves			
Share premium		100	100
Profit and loss account		(49,858)	(26,043)
Total shareholders' funds		<u>(49,758)</u>	<u>(25,943)</u>

For the year ending 31 July 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the board on 14 March 2017

F Smythe
Director

Company Registration No. 08272521

SUPREMOFITNESS LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible fixed assets policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Computer equipment	15%
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2 Tangible fixed assets

	£
Cost	
At 1 August 2015	2,082
At 31 July 2016	2,082
Depreciation	
At 1 August 2015	804
Charge for the year	192
At 31 July 2016	996
Net book value	
At 31 July 2016	1,086
At 31 July 2015	1,278

