

Registered Number 08184321

RANK NUTRITION LIMITED

Abbreviated Accounts

31 July 2016

Abbreviated Balance Sheet as at 31 July 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	2,013	324
		<u>2,013</u>	<u>324</u>
Current assets			
Debtors		11,169	1,922
Cash at bank and in hand		126,783	208,864
		<u>137,952</u>	<u>210,786</u>
Creditors: amounts falling due within one year		(9,393)	(45,048)
Net current assets (liabilities)		<u>128,559</u>	<u>165,738</u>
Total assets less current liabilities		<u>130,572</u>	<u>166,062</u>
Provisions for liabilities		(366)	(20)
Total net assets (liabilities)		<u>130,206</u>	<u>166,042</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		130,205	166,041
Shareholders' funds		<u>130,206</u>	<u>166,042</u>

- For the year ending 31 July 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 January 2017

And signed on their behalf by:

Dr M J Sadler, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings - 20% on reducing balance

Computer equipment - 25% on cost

Other accounting policies

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the the balance sheet date.

The company operates a pension scheme. Contributions payable to the pension scheme are charged to the profit and loss account in the period to which they relate.

2 Tangible fixed assets

	£
Cost	
At 1 August 2015	879
Additions	2,465
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2016	<u>3,344</u>
Depreciation	
At 1 August 2015	555
Charge for the year	776
On disposals	-
At 31 July 2016	<u>1,331</u>
Net book values	
At 31 July 2016	<u><u>2,013</u></u>
At 31 July 2015	<u><u>324</u></u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
1 Ordinary shares of £1 each	1	1

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