

Registered Number 08184321

RANK NUTRITION LIMITED

Abbreviated Accounts

31 July 2015

Abbreviated Balance Sheet as at 31 July 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
Fixed assets			
Tangible assets	2	324	495
		<u>324</u>	<u>495</u>
Current assets			
Debtors		1,922	24,906
Cash at bank and in hand		208,864	79,376
		<u>210,786</u>	<u>104,282</u>
Creditors: amounts falling due within one year		(45,048)	(27,571)
Net current assets (liabilities)		<u>165,738</u>	<u>76,711</u>
Total assets less current liabilities		<u>166,062</u>	<u>77,206</u>
Provisions for liabilities		(20)	0
Total net assets (liabilities)		<u>166,042</u>	<u>77,206</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		166,041	77,205
Shareholders' funds		<u>166,042</u>	<u>77,206</u>

- For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 January 2016

And signed on their behalf by:

Dr M J Sadler, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2015**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings - 20% on reducing balance

Computer equipment - 25% on cost

Other accounting policies

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

2 Tangible fixed assets

	£
Cost	
At 1 August 2014	879
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2015	<u>879</u>
Depreciation	
At 1 August 2014	384
Charge for the year	171
On disposals	-
At 31 July 2015	<u>555</u>
Net book values	
At 31 July 2015	<u>324</u>
At 31 July 2014	<u>495</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2015</i>	<i>2014</i>
	<i>£</i>	<i>£</i>
1 Ordinary shares of £1 each	1	1

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