

Registered Number 08184321

RANK NUTRITION LIMITED

Abbreviated Accounts

31 July 2014

Abbreviated Balance Sheet as at 31 July 2014

	Notes	2014	2013
		£	£
Fixed assets			
Tangible assets	2	495	679
		<u>495</u>	<u>679</u>
Current assets			
Debtors		24,906	8,235
Cash at bank and in hand		79,376	33,435
		<u>104,282</u>	<u>41,670</u>
Creditors: amounts falling due within one year		<u>(27,571)</u>	<u>(15,066)</u>
Net current assets (liabilities)		<u>76,711</u>	<u>26,604</u>
Total assets less current liabilities		<u>77,206</u>	<u>27,283</u>
Total net assets (liabilities)		<u>77,206</u>	<u>27,283</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		77,205	27,282
Shareholders' funds		<u>77,206</u>	<u>27,283</u>

- For the year ending 31 July 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 January 2015

And signed on their behalf by:

Dr M J Sadler, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings - 20% on reducing balance

Computer equipment - 25% on cost

Other accounting policies

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

2 Tangible fixed assets

	£
Cost	
At 1 August 2013	879
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2014	<u>879</u>
Depreciation	
At 1 August 2013	200
Charge for the year	184
On disposals	-
At 31 July 2014	<u>384</u>
Net book values	
At 31 July 2014	<u>495</u>
At 31 July 2013	<u>679</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

2014	2013
£	£

1 Ordinary shares of £1 each

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