Registered Number 08184321

RANK NUTRITION LIMITED

Abbreviated Accounts

31 July 2013

RANK NUTRITION LIMITED **Registered Number 08184321**

Abbreviated Balance Sheet as at 31 July 2013

	Notes	*2013*
		£
Fixed assets		
Tangible assets	2	679
		679
Current assets		
Debtors		8,235
Cash at bank and in hand		33,435
		41,670
Creditors: amounts falling due within one year		(15,066)
Net current assets (liabilities)		26,604
Total assets less current liabilities		27,283
Total net assets (liabilities)		27,283
Capital and reserves		
Called up share capital	3	1
Profit and loss account		27,282
Shareholders' funds		27,283

- For the year ending 31 July 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 27 March 2014

And signed on their behalf by:
Dr M J Sadler, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2013

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy
Turnover represents net invoiced sales of services, excluding value added tax.

Tangible assets depreciation policy
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:
Fixtures and fittings - 20% on reducing balance
Computer equipment - 25% on cost

Other accounting policies
The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

2 Tangible fixed assets

	£
Cost	
Additions	879
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2013	879
Depreciation	
Charge for the year	200
On disposals	-
At 31 July 2013	200
Net book values	
At 31 July 2013	679

3 Called Up Share Capital

Allotted, called up and fully paid:

	2013
	£
1 Ordinary shares of £1 each	1

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