

COMPANY REGISTRATION NUMBER: 08180607

Fitlight UK Ltd

Filleted Unaudited Financial Statements

31 August 2019

Fitlight UK Ltd

Statement of Financial Position

31 August 2019

	Note	2019 £	2018 £
Fixed assets			
Tangible assets	5	15,473	18,776
Current assets			
Debtors	6	1,530	1,230
Cash at bank and in hand		6,143	9,428
		7,673	10,658
Creditors: amounts falling due within one year	7	33,044	45,044
Net current liabilities		25,371	34,386
Total assets less current liabilities		(9,898)	(15,610)
Net liabilities		(9,898)	(15,610)
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(9,998)	(15,710)
Shareholders deficit		(9,898)	(15,610)

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of comprehensive income has not been delivered.

For the year ending 31 August 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 ;
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

Fitlight UK Ltd

Statement of Financial Position *(continued)*

31 August 2019

These financial statements were approved by the board of directors and authorised for issue on 22 November 2019
, and are signed on behalf of the board by:

Mr M Clegg

Director

Company registration number: 08180607

Fitlight UK Ltd

Notes to the Financial Statements

Year ended 31 August 2019

1. General information

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is 4 Jacobsen Avenue, Hyde, SK14 4DW, Cheshire.

2. Statement of compliance

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Revenue recognition

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax. Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in equity, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in equity in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in equity in respect of that asset, the excess shall be recognised in profit or loss.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	-	20% straight line
Equipment	-	15% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date. For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets. For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

4. Employee numbers

The average number of persons employed by the company during the year amounted to 1 (2018: 1).

5. Tangible assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 September 2018	1,388	21,452	22,840
Additions	—	203	203
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At 31 August 2019	1,388	21,655	23,043
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Depreciation			
At 1 September 2018	393	3,671	4,064
Charge for the year	278	3,228	3,506
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At 31 August 2019	671	6,899	7,570
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Carrying amount			
At 31 August 2019	717	14,756	15,473
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At 31 August 2018	995	17,781	18,776
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6. Debtors

	2019	2018
	£	£
Trade debtors	1,530	1,230
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7. Creditors: amounts falling due within one year

	2019	2018
	£	£
Trade creditors	(445)	421
Social security and other taxes	5,094	1,132
Other creditors	28,395	43,491
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	33,044	45,044
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8. Director's advances, credits and guarantees

The company was under the control of M Clegg, the sole director and shareholder, throughout the year. Included in other creditors is £27,680 (2018 42,806) due to M Clegg.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.