

TERRY GILCHRIST: REBELLION FITNESS LTD

Unaudited Financial Statements

for the Year Ended 31 July 2016

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for the year ended 31 July 2016

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TERRY GILCHRIST: REBELLION FITNESS LTD

Company Information
for the year ended 31 July 2016

DIRECTOR: T Gilchrist

REGISTERED OFFICE: Flat 6
5 Richardshaw Lane
Pudsey
West Yorkshire
LS28 7WD

REGISTERED NUMBER: 08125613 (England and Wales)

ACCOUNTANTS: Phil Dodgson & Partners Limited
Chartered Accountants
Pavilion Business Centre
Stanningley Road
Leeds
West Yorkshire
LS28 6NB

TERRY GILCHRIST: REBELLION FITNESS LTD (REGISTERED NUMBER: 08125613)

Balance Sheet
31 July 2016

	Notes	2016 £	£	2015 £	£
FIXED ASSETS					
Tangible assets	2		225		-
CURRENT ASSETS					
Debtors	3	3,102		462	
Cash in hand		<u>91</u>		<u>1,785</u>	
		3,193		2,247	
CREDITORS					
Amounts falling due within one year	4	<u>3,218</u>		<u>2,162</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(25)</u>		<u>85</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			200		85
PROVISIONS FOR LIABILITIES	5		<u>45</u>		<u>-</u>
NET ASSETS			<u>155</u>		<u>85</u>
CAPITAL AND RESERVES					
Called up share capital	6		18		18
Profit and loss account	7		<u>137</u>		<u>67</u>
SHAREHOLDERS' FUNDS			<u>155</u>		<u>85</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 27 April 2017 and were signed by:

T Gilchrist - Director

Notes to the Financial Statements
for the year ended 31 July 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the net invoice value of training and health and fitness advice given, excluding Value Added Tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 10% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
Additions	250
At 31 July 2016	<u>250</u>
DEPRECIATION	
Charge for year	25
At 31 July 2016	<u>25</u>
NET BOOK VALUE	
At 31 July 2016	<u>225</u>

3. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Other debtors	<u>3,102</u>	<u>462</u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Trade creditors	385	-
Taxation and social security	2,443	2,162
Other creditors	390	-
	<u>3,218</u>	<u>2,162</u>

Notes to the Financial Statements - continued
for the year ended 31 July 2016

5. PROVISIONS FOR LIABILITIES

	2016	2015
	£	£
Deferred tax	<u>45</u>	<u>-</u>
		Deferred tax
		£
Charge to Profit and Loss Account during year		<u>45</u>
Balance at 31 July 2016		<u>45</u>

6. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2016	2015
			£	£
1	Ordinary	18	<u>18</u>	<u>18</u>

7. RESERVES

	Profit and loss account
	£
At 1 August 2015	67
Profit for the year	4,070
Dividends	<u>(4,000)</u>
At 31 July 2016	<u>137</u>

8. RELATED PARTY DISCLOSURES

During the year, total dividends of £4,000 (2015 - £8,800) were paid to the director .

9. ULTIMATE CONTROLLING PARTY

The controlling party is T Gilchrist.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.