REGISTERED NUMBER: 08099672 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 30 June 2015

for

Muscle Factory Gym Ltd.

Contents of the Abbreviated Accounts for the Year Ended 30 June 2015

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

Muscle Factory Gym Ltd.

Company Information
for the Year Ended 30 June 2015

DIRECTORS:	Ms S Juresiute A Gudzinskas
REGISTERED OFFICE:	11 Palewell Close Orpington Kent BR5 3BX
REGISTERED NUMBER:	08099672 (England and Wales)
ACCOUNTANTS:	Incisive Accounting Limited 57-59 Beak Street London W1F 9SJ

Muscle Factory Gym Ltd. (Registered number: 08099672)

Abbreviated Balance Sheet
30 June 2015

	Notes	30/6/15 £	£	30/6/14 £	£
FIXED ASSETS					
Tangible assets	2		28,600		35,691
CURRENT ASSETS					
Debtors		12,000		6,910	
Cash at bank and in hand		2,015		8,461	
		14,015		15,371	
CREDITORS					
Amounts falling due within one year		45,570		49,865	
NET CURRENT LIABILITIES			(31,555)		(34,494)
TOTAL ASSETS LESS CURRENT LIABILITIES			(2,955)		1,197
CAPITAL AND RESERVES					
Called up share capital	3		2		2
Profit and loss account			(2,957)		1,195
SHAREHOLDERS' FUNDS			(2,955)		1,197

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 25 March 2016 and were signed on its behalf by:

Ms S Juresiute - Director

A Gudzinskas - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 30 June 2015

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 July 2014	45,099
Additions	2,926
At 30 June 2015	48,025
DEPRECIATION	
At 1 July 2014	9,408
Charge for year	10,017
At 30 June 2015	19,425
NET BOOK VALUE	
At 30 June 2015	28,600
At 30 June 2014	35,691

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30/6/15 £	30/6/14 £
1	Ordinary A	£1	1	1
1	Ordinary B	£1	1	1
			2	2

continued...

4. ULTIMATE CONTROLLING PARTY

The company is controlled by the directors who own the entire issued share capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.