REGISTERED NUMBER: 08055697 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31 March 2016

for

The Pilates Clinic London Limited

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for the Year Ended 31 March 2016

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Company Information
for the Year Ended 31 March 2016

DIRECTOR:	Ms L Lamberti
REGISTERED OFFICE:	55 Linkway Raynes Park London SW20 9AT
REGISTERED NUMBER:	08055697 (England and Wales)
ACCOUNTANTS:	Taxability Limited PO Box 5675 Bournemouth Dorset BH8 9ZX

Abbreviated Balance Sheet
31 March 2016

	Notes	31.3.16 £	£	31.3.15 £	£
FIXED ASSETS					
Tangible assets	2		19,201		18,670
CURRENT ASSETS					
Debtors		4,362		1,266	
Cash at bank		81,290		62,795	
		85,652		64,061	
CREDITORS					
Amounts falling due within one year		81,637		80,035	
NET CURRENT ASSETS/(LIABILITIES)			4,015		(15,974)
TOTAL ASSETS LESS CURRENT LIABILITIES			23,216		2,696
PROVISIONS FOR LIABILITIES			3,840		2,513
NET ASSETS			19,376		183
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			19,375		182
SHAREHOLDERS' FUNDS			19,376		183

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 28 December 2016 and were signed by:

Ms L Lamberti - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 31 March 2016

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents the sales income receivable for the period.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33.3% on reducing balance and 20% on cost

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total
	£
COST	
At 1 April 2015	37,379
Additions	21,011
Disposals	(10,417)
At 31 March 2016	47,973
DEPRECIATION	
At 1 April 2015	18,709
Charge for year	10,063
At 31 March 2016	28,772
NET BOOK VALUE	
At 31 March 2016	19,201
At 31 March 2015	18,670

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.3.16 £	31.3.15 £
1	Ordinary	£1	1	1

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4. TRANSACTIONS WITH DIRECTORS

The following advances and credits to a director subsisted during the years ended 31 March 2016 and 31 March 2015:

	31.3.16	31.3.15
	£	£
Ms L Lamberti		
Balance outstanding at start of year	(1,173)	17,327
Amounts advanced	62,000	56,162
Amounts repaid	(59,980)	(74,662)
Balance outstanding at end of year	847	(1,173)

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.