ACTION FOR LIVING LIMITED

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MAY 2017

Clouders
Chartered Certified Accountants
Charter House
103-105 Leigh Road
Leigh-on-Sea
Essex
SS9 1JL

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ACTION FOR LIVING LIMITED

COMPANY INFORMATION
FOR THE YEAR ENDED 31ST MAY 2017

DIRECTORS:	H C Sellick Mrs C Sellick
SECRETARY:	H C Sellick
REGISTERED OFFICE:	Suite A, 250 London Road Hadleigh Benfleet Essex SS7 2DE
REGISTERED NUMBER:	08052307 (England and Wales)
ACCOUNTANTS:	Clouders Chartered Certified Accountants Charter House 103-105 Leigh Road Leigh-on-Sea Essex SS9 1JL

BALANCE SHEET
31ST MAY 2017

	Notes	2017 £	£	2016 £	£
FIXED ASSETS					
Tangible assets	4		**102**		136
CURRENT ASSETS					
Debtors	5	**2,190**		1,011	
Cash at bank		**356**		860	
		2,546		1,871	
CREDITORS					
Amounts falling due within one year	6	**2,483**		1,978	
NET CURRENT ASSETS/(LIABILITIES)			**63**		(107)
TOTAL ASSETS LESS CURRENT LIABILITIES			**165**		29
CAPITAL AND RESERVES					
Called up share capital			**100**		100
Retained earnings			**65**		(71)
SHAREHOLDERS' FUNDS			**165**		29

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31ST MAY 2017

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 26th February 2018 and were signed on its behalf by:

H C Sellick - Director

The notes form part of these financial statements

1. STATUTORY INFORMATION

Action for Living Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.
Plant and machinery etc - 25% on reducing balance

Taxation
Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

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3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 .

4. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1st June 2016 and 31st May 2017	**152**
DEPRECIATION	
At 1st June 2016	**16**
Charge for year	**34**
At 31st May 2017	**50**
NET BOOK VALUE	
At 31st May 2017	**102**
At 31st May 2016	136

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Trade debtors	**271**	-
Other debtors	**1,825**	917
Corporation tax	**94**	94
	2,190	1,011

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Corporation tax	**145**	94
Other creditors	**45**	-
Directors' current accounts	**1,994**	1,585
Accrued expenses	**299**	299
	2,483	1,978

7. ULTIMATE CONTROLLING PARTY

The company is controlled by the directors.

ACTION FOR LIVING LIMITED

REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF ACTION FOR LIVING LIMITED

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the year ended 31st May 2017 set out on pages three to eight and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Clouders
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Charter House
103-105 Leigh Road
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Essex
SS9 1JL

26th February 2018

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.