FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Company Registration Number:
08045839 (England and Wales)

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st May 2014

End date: 30th April 2015

SUBMITTED

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Company Information
for the Period Ended 30th April 2015

Director:	SARAH LOUISE GOODING
Company secretary:	SARAH LOUISE GOODING
Registered office:	123 Mays Lane Earley Reading Berkshire RG6 7DG
Company Registration Number:	08045839 (England and Wales)

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Abbreviated Balance sheet
As at 30th April 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets:	6	**2,256**	1,772
Total fixed assets:		**2,256**	1,772
Current assets			
Stocks:		**500**	500
Debtors:	7	**3,218**	7,426
Cash at bank and in hand:		**70,147**	30,374
Total current assets:		**73,865**	38,300
Creditors			
Creditors: amounts falling due within one year	8	**23,948**	22,951
Net current assets (liabilities):		**49,917**	15,349
Total assets less current liabilities:		**52,173**	17,121
Total net assets (liabilities):		**52,173**	17,121

The notes form part of these financial statements

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Abbreviated Balance sheet
As at 30th April 2015
continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	9	**1**	1
Profit and Loss account:		**52,172**	17,120
Total shareholders funds:		**52,173**	17,121

For the year ending 30 April 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 28 January 2016

SIGNED ON BEHALF OF THE BOARD BY:

Name: SARAH LOUISE GOODING
Status: Director

The notes form part of these financial statements

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2015

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies of the Companies Act 2006.

Turnover policy

Turnover represents net fees receivable, excluding Value-Added Tax, and is attributable to the one principal activity of the company.

Tangible fixed assets depreciation policy

Depreciation is provided on all tangible fixed assets in use at rates calculated to write-off the cost or valuation. less estimated residual value, of each asset over its expected useful life.

Intangible fixed assets amortisation policy

The company had no intangible fixed assets during the year.

Valuation information and policy

At 30th April 2015 the company held product stocks valued at cost of £500.

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2015

6. Tangible assets

	Total
Cost	**£**
At 01st May 2014:	2,897
Additions:	1,235
At 30th April 2015:	4,132
Depreciation	
At 01st May 2014:	1,125
Charge for year:	751
At 30th April 2015:	1,876
Net book value	
At 30th April 2015:	2,256
At 30th April 2014:	1,772

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2015

7. Debtors

	2015 £	2014 £
Other debtors:	2,960	7,149
Prepayments and accrued income:	258	277
Total:	**3,218**	**7,426**

Notes to the Abbreviated Accounts for the Period Ended 30th April 2015

8. Creditors: amounts falling due within one year

	2015 £	2014 £
Trade creditors:	1,716	2,893
Taxation and social security:	17,751	14,960
Accruals and deferred income:	3,636	3,037
Other creditors:	845	2,061
Total:	**23,948**	**22,951**

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2015

9. Called up share capital

Allotted, called up and paid

Previous period			**2014**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	**1**
Total share capital:			**1**

Current period			**2015**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	**1**
Total share capital:			**1**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.