FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Company Registration Number:
08045839 (England and Wales)

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st May 2013

End date: 30th April 2014

SUBMITTED

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Company Information
for the Period Ended 30th April 2014

Director:	SARAH LOUISE GOODING
Company secretary:	SARAH LOUISE GOODING
Registered office:	123 Mays Lane Earley Reading Berkshire RG6 7DG
Company Registration Number:	08045839 (England and Wales)

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Abbreviated Balance sheet
As at 30th April 2014

	Notes	2014 £	2013 £
Fixed assets			
Tangible assets:	6	**1,772**	2,032
Total fixed assets:		**1,772**	2,032
Current assets			
Stocks:		**500**	1,000
Debtors:	7	**7,426**	10,022
Cash at bank and in hand:		**30,374**	24,882
Total current assets:		**38,300**	35,904
Creditors			
Creditors: amounts falling due within one year	8	**22,951**	34,414
Net current assets (liabilities):		**15,349**	1,490
Total assets less current liabilities:		**17,121**	3,522
Total net assets (liabilities):		**17,121**	3,522

The notes form part of these financial statements

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Abbreviated Balance sheet
As at 30th April 2014
continued

	Notes	2014 £	2013 £
Capital and reserves			
Called up share capital:	9	**1**	1
Profit and Loss account:		**17,120**	3,521
Total shareholders funds:		**17,121**	3,522

For the year ending 30 April 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 29 January 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: SARAH LOUISE GOODING
Status: Director

The notes form part of these financial statements

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2014

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies of the Companies Act 2006.

Turnover policy

Turnover represents net fees receivable, excluding Value-Added Tax and is attributable to the one principal activity of the company.

Tangible fixed assets depreciation policy

Depreciation is provided on all tangible fixed assets in use at rates calculated to write-off the cost or valuation, less estimated residual value, of each asset over its expected useful life.

Intangible fixed assets amortisation policy

The company had no intangible fixed assets during the year.

Valuation information and policy

At 30th April 2014 the company held product stocks valued at cost of £500.

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2014

6. Tangible assets

	Total
Cost	**£**
At 01st May 2013:	2,567
Additions:	330
At 30th April 2014:	2,897
Depreciation	
At 01st May 2013:	535
Charge for year:	590
At 30th April 2014:	1,125
Net book value	
At 30th April 2014:	1,772
At 30th April 2013:	2,032

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2014

7. Debtors

	2014 £	2013 £
Other debtors:	7,149	9,839
Prepayments and accrued income:	277	183
Total:	**7,426**	**10,022**

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2014

8. Creditors: amounts falling due within one year

	2014 £	2013 £
Trade creditors:	2,893	1,363
Taxation and social security:	14,960	13,008
Accruals and deferred income:	3,037	1,913
Other creditors:	2,061	18,130
Total:	**22,951**	**34,414**

FITNESS-TOGETHER (SEDGE GOODING) LIMITED

Notes to the Abbreviated Accounts
for the Period Ended 30th April 2014

9. Called up share capital

Allotted, called up and paid

Previous period			**2013**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	**1**
Total share capital:			**1**

Current period			**2014**
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	**1**
Total share capital:			**1**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.