

Registered Number 08019821

FOOD FOR THOUGHT (LONDON) LTD

Abbreviated Accounts

30 April 2015

Balance Sheet as at 30 April 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible	2	21,909	27,141
		<u>21,909</u>	<u>27,141</u>
Current assets			
Stocks		2,850	2,220
Debtors	3	53,036	41,575
Cash at bank and in hand		162,518	103,459
Total current assets		<u>218,404</u>	<u>147,254</u>
Creditors: amounts falling due within one year	4	(93,035)	(65,171)
Net current assets (liabilities)		125,369	82,083
Total assets less current liabilities		<u>147,278</u>	<u>109,224</u>
Total net assets (liabilities)		<u>147,278</u>	<u>109,224</u>
Capital and reserves			
Called up share capital	5	100	100
Profit and loss account		147,178	109,124

Shareholders funds

147,278

109,224

- a. For the year ending 30 April 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 12 March 2016

And signed on their behalf by:

Elias BOURJEILY, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 30 April 2015

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective April 2008)

Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

Stocks

Stock and work in progress are valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant And Machinery	25% reducing balance
Commercial Vehicles	25% reducing balance
Fixtures And Fittings	25% reducing balance

2 Tangible fixed assets

	Plant & Machinery	Fixtures & Fittings	Commercial Vehicles	Total
Cost	£	£	£	£
At 01 May 2014	33,784	7,045	4,100	44,929
Additions	644	1,428	0	2,072
Disposals	0	0	0	0
At 30 April 2015	34,428	8,473	4,100	47,001
Depreciation				
At 01 May 2014	14,557	2,206	1,025	17,788
Charge for year	4,968	1,567	769	7,304
On disposals	0	0	0	0
At 30 April 2015	19,525	3,773	1,794	25,092
Net Book Value				
At 30 April 2015	14,903	4,700	2,306	21,909
At 30 April 2014	19,227	4,839	3,075	27,141

3 Debtors

	2015 £	2014 £
Trade debtors	49,899	34,144
Prepayments and accrued income	283	4,601
Other debtors	2,854	2,830
	53,036	41,575

4 Creditors: amounts falling due within one year

	2015 £	2014 £
Trade creditors	14,201	15,537
Taxation and Social Security	18,011	19,910
Other creditors	60,823	29,724
	93,035	65,171

5 Share capital

	2015	2014
	£	£
Authorised share capital:		
100 Ordinary shares of £1 each	100	100
Allotted, called up and fully paid:		
100 Ordinary shares of £1 each	100	100

6 **Transactions with directors**

Mr E Bourjeily provided an interest free loan to the company of £46,499 (2014:£22,181).

7 **Related party disclosures**

There were no related party transactions in the period under review.

8 **Controlling Party**

The Company was under the control of the director and shareholder in the period under review.