

Charity Registration No. 1150032

Company Registration No. 07791021 (England and Wales)

BRIGHTON THERAPY CENTRE LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2016

THURSDAY



A6EXXHMZ

A24

14/09/2017

#10

COMPANIES HOUSE

BRIGHTON THERAPY CENTRE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J C Coleman M J Barnett L Gledhill A S Fraser P Evans D Burningham
Charity number	1150032
Company number	07791021
Registered office	4th Floor Park Gate 161-163 Preston Road Brighton East Sussex BN1 6AF
Independent examiner	Michelle Westbury FCCA 4th Floor Park Gate 161-163 Preston Road Brighton East Sussex BN1 6AF

BRIGHTON THERAPY CENTRE LIMITED

CONTENTS

	Page
Trustees' report	1 - 5
Statement of Trustees' responsibilities	6
Independent examiner's report	7
Statement of financial activities	8
Statement of financial position	9
Statement of cash flows	10
Notes to the accounts	11 - 19

BRIGHTON THERAPY CENTRE LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2016

The trustees present their report and accounts for the year ended 31 December 2016.

The accounts have been prepared in accordance with the accounting policies set out in note to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The relief of those in need and to promote good health of those in the communities of Brighton, Hove and the surrounding areas who are experiencing emotional difficulties, who have mental health problems or who have a personality disorder, through the provision of counselling, psychotherapy, psycho-education and psychological treatment.

We aim to provide a wide choice of high quality psychological therapies, support services and psycho-education in group and individual settings for males, females, couples, families and children in Brighton Hove and the surrounding areas.

We aim to help people to improve their emotional well-being and quality of life, decrease mental health difficulties, maintain their mental health and prevent relapse.

We aim to create a centre of clinical excellence which is accessible to all sections of the community through the provision of specialist initial assessments and skilled evidence based, effective treatment and support for clients with mild to moderate as well as complex and enduring diagnoses.

We aim to facilitate a practitioner learning community through high quality clinical supervision, staff training and support.

We aim to involve service users and staff in developing and improving the service.

There are no endowment funds or restricted funds.

The policies adopted in furtherance of these objectives are as follows:

- * Policy and Procedure on Confidentiality
- * Policy and Procedure on Fire Safety
- * Clinical & Ethical Dilemmas Procedure
- * Policy and Procedure on Child Protection
- * Policy and Procedure on Health & Safety
- * Policy on Equal Opportunities

To involve service users and staff in developing and improving the service.

The Trustees have paid due regard to guidance issued by the Charity Commission regarding public benefit and in deciding what activities the charity should undertake.

New Premises

Further to our move in February 2015, we have settled into the new building and continued to make adjustments to the rooms and facilities, including additional sound-proofing measures such as acoustic secondary glazing. We have created a welcoming environment with posters and information to communicate a message of welcome to all members of our community. We have also decorated and furnished our clinic rooms to a high standard to create safe and conducive spaces for clinical work.

BRIGHTON THERAPY CENTRE LIMITED

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2016

Staff

Our BTC administrator left in November 2016, and we employed a practice manager to take over at that time. She is responsible for clinical administration, operational and daily financial tasks. We also had the services of a psychology intern for part of the year, helping to run the Mood Course, and helping with Clinical Administration. During the course of the year, the Operational Director gave up some of his operational tasks to the practice manager, and took on the title of Director of Group Therapies. He is a Group Analyst and from November has worked in consultation with the Clinical Director in processing client assessments, with the Clinical Director holding ultimate clinical responsibility. The plan has been to set up a Referral Consultation Group from 2017 onwards to include the Clinical Director, the Director of Group Therapies together with the Clinical Lead from the trustees group. This group commenced in May 2017.

Services

We now have 44 practitioners working with Brighton Therapy Centre. The services that we offer are as follows:

Psychoanalytic psychotherapy, psychodynamic counselling/therapy, cognitive behaviour therapy, solution focussed therapy, cognitive analytic therapy, dialectical behaviour therapy (DBT), group analytic psychotherapy, gestalt therapy, art psychotherapy, creative arts therapy, transactional analysis, schema therapy, EMDR, person centred counselling, interpersonal psychotherapy, couples and family work, child psychotherapy, mindfulness based CBT and a CBT/mentalisation based mood course. We have a practitioner training in Dynamic Interpersonal Therapy.

Brighton Therapy Centre ran three mindfulness courses this year and four analytic groups. The Mood Course was re-designed to make it more accessible with eight week courses and a sliding scale of fees.

Achievements and Performance

Specialist services

In addition to the usual range of treatments for those with mild and moderate problems, we also provide the following:

1. A DBT programme: For people with borderline issues, combining both group and individual work. The group sessions cover emotional regulation, mindfulness, distress tolerance and interpersonal effectiveness.

2. A Mood Course: For people with severe and enduring Mood Disorders including Depression, Anxiety and Mood swings (Bi-Polar 1 & 2, Cyclothymia & Dysthymia) . The course has been audited and shown to be clinically effective on follow up by an independent NHS audit. It is part of an on – going research programme based at BTC, overseen by The Director of Group Therapies.

3. Group Therapies: Groups offer low cost therapy with an experienced practitioner. We have increased our group provision with one additional psychotherapy group and plans to offer a women' group and LGBT group in future.

4. Training future therapists: We had 4 students working at BTC on placement offering psychoanalytic psychotherapy and psychodynamic counselling. They are all offered supervision within BTC with one of our associates.

5. Developing our practitioners: We have 11 graduate practitioners with BTC. These are practitioners who have completed courses and are building up their client hours in order to gain accreditation. We offer a supervision group and a CPD for those seeking accreditation and we have begun development of a reflective practice group for experienced practitioners and a group for supervision of supervision.

BRIGHTON THERAPY CENTRE LIMITED

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2016

Making therapy accessible to all

1. Sliding Scale of fees: The fees that clients pay depend on the experience of the practitioners. These range from £16 - £26 for students, £26 - £41 for graduates and £41 - £61 for other practitioners who are on our referral and associate schemes, who have more years of practice behind them. However, we do encourage each of the practitioners who charge higher fees to offer one low fee place at £25, and for this we provide a room rent free. Groups fees are lower (£12.50 - £35 for 90 – 120 minutes) and we applied for funding for the Mood Course and the DBT programme. We were unsuccessful in our bid but plan to develop our fund raising strategy.

2. Low costs initial consultation: BTC offers a low cost initial consultation with an experienced practitioner to all people who contact the service. We charge a £10 booking fee to reduce the number of missed appointments. Following the consultation, a report is written and the client is then allocated to the most appropriate treatment. The whole process tends to take about two weeks. This year we carried out 710 consultations and 69% of these were referred on for ongoing work. Of these, 13% attended for 1 or 2 sessions and then dropped out, 34% attended for 3-11 sessions and 53% attended for longer term therapy of 12 or more sessions.

Allocations are made in such a way to bear in mind the unique benefits of the various therapies available at BTC and the particular skills of the practitioners as well as the availability of the client, their financial resources, their psychological needs and their preferences. The Clinical Director sees all assessments and is responsible for referrals. Clients who could benefit from a group were offered a further 30 minute consultation free of charge to help them to find out more about the options and find the best fit. This system was introduced in November, resulting in 10 consultations of which 7 took up a group place. The allocation system has been designed in such a way as to make the process as prompt and efficient as possible without jeopardizing clinical standards. Allocations are made within 2 weeks but usually 7 days.

Developing a diverse team to reflect our local community

Brighton Therapy Centre has a number of practitioners who are experienced in working with LGBT clients and all our practitioners are LGBT friendly. We have practitioners who are fluent in Spanish, French, Italian and Czech. We have four minority ethnic counsellors. We have practitioners who are experienced in working with autism and aspergers. We do not have disabled access but we are looking to remedy this in future through finding additional premises when we have the resources.

Working for our local community community

In addition to the above, Brighton Therapy Centre continued to offer counselling and therapy to students of the Brighton Institute of Modern Music. We have offered clinical supervision and consultation to a number of local organisations. We also have a contract with a local employer to offer treatment to their staff for 12 – 44 sessions.

Financial review

Brighton Therapy Centre has a growing income from room rental, referral fees, provision of services to local agencies, training events and student practitioner placement schemes. This year managers began to be paid a salary which is commensurate with their experience and hours worked. The trustees would like the charity to hold adequate reserves to fund working capital and future developments.

Risk Management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee. Its governing document being its Memorandum and Articles of Association.

BRIGHTON THERAPY CENTRE LIMITED

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2016

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

J C Coleman
M J Barnett
L Gledhill
A S Fraser
P Evans
D Burningham

None of the trustees has any beneficial interest in the company, although one trustee is a director of the company that owns the building in which the charity operates. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up. The trustees have been recruited by a selection process whereby an individual has expressed an interest in supporting the organisation, and also possesses knowledge and skills pertinent to the good management of the organisation.

Appointments were made as follows:

- Application is considered by the Management and Trustees as to suitability.
- Applicant is interviewed by the Chair of the Trustees and the Management.
- If successful, the candidate is appointed, pending any necessary references and a final agreement from the board of trustees.

The trustees have extensive experience in the following areas: mental health law, adolescent mental health, adult mental health, psychotherapy, business management, charity law and procedures.

Details of method of recruitment and appointment of BTC practitioners:

Membership shall be open to mental health practitioners who have an interest in assisting BTC to achieve its aims and are willing to adhere to the rules BTC.

Brighton Therapy centre has a four fold practitioner membership scheme:

1. Students in training who are on a supervised placement with BTC.
2. Graduates who have completed training and are building up their practice hours.
3. Referral group - people who are registered as practitioners and to whom we refer clients.
4. Associates - senior practitioners with training, supervisory and other experience.

Appointments are made as follows:

- Applications are invited via advert on the website.
- Applicants are asked to submit a CV.
- When a vacancy arises, the submitted CV's are short-listed and candidates invited for an interview with the Management.

Successful candidates are appointed to one of the above schemes, pending satisfactory references and the provision of original copies of their professional liability insurance and professional registration.

BRIGHTON THERAPY CENTRE LIMITED

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2016

The trustees meet quarterly to oversee the running of BTC. The chair meets with the clinical and operational managers on a monthly basis.

Chair of Board of Trustees: Tony Fraser

Trustees: John Coleman, Louise Gledhill, Mary Barnett, Paul Evans, Daniel Burningham

Clinical Management: Eva Coleman

Operational Management: Howard Edmunds

Practice Manager: Mine Goundouz

Practitioners: All practitioners attend regular meetings in order to contribute to the day to day management of the Charity.

Clients: Clients are invited to contribute to service development via feedback questionnaires.

This report is prepared in accordance with the small company regime (Section 419(2) of the Companies Act 2006.

On behalf of the board of trustees



P Evans

Trustee

Dated: 11/9/17

BRIGHTON THERAPY CENTRE LIMITED

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2016

The trustees, who are also the directors of Brighton Therapy Centre Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BRIGHTON THERAPY CENTRE LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BRIGHTON THERAPY CENTRE LIMITED

I report on the accounts of the charity for the year ended 31 December 2016, which are set out on pages 8 to 19.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of Brighton Therapy Centre Limited for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, the 2011 Act, and that an independent examination is needed. They also consider the company to be exempt from audit under Part 16 of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Friend - James Ltd

Michelle Westbury FCCA

Friend-James Limited
4th Floor, Park Gate
161-163 Preston Road
Brighton
East Sussex
BN1 6AF

Dated: 12 September 2017

BRIGHTON THERAPY CENTRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2016

		Unrestricted 2016 £	Unrestricted 2015 £
	Notes		
<u>Income from:</u>			
Donations and legacies	3	-	813
Incoming resources from charitable activities	4	181,082	140,115
Investments	5	73	48
Total income		181,155	140,976
<u>Expenditure on:</u>			
Charitable activities	6	148,566	133,285
Net income for the year/ Net movement in funds		32,589	7,691
Fund balances at 1 January 2016		18,873	11,182
Fund balances at 31 December 2016		51,462	18,873

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BRIGHTON THERAPY CENTRE LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 DECEMBER 2016

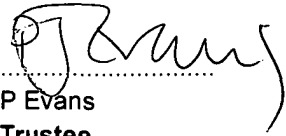
	Notes	2016 £	£	2015 £	£
Fixed assets					
Tangible assets	9		3,815		4,829
Current assets					
Debtors	11	8,125		7,938	
Cash at bank and in hand		43,955		17,666	
		52,080		25,604	
Creditors: amounts falling due within one year	12	(4,433)		(11,560)	
Net current assets			47,647		14,044
Total assets less current liabilities			51,462		18,873
Income funds					
Unrestricted funds			51,462		18,873
			51,462		18,873

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2016. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The Trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on 11/9/17


P Evans
Trustee

Company Registration No. 07791021

BRIGHTON THERAPY CENTRE LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2016

	Notes	2016 £	£	2015 £	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	15		26,216		(8,163)
Investing activities					
Purchase of tangible fixed assets		-		(4,745)	
Interest received		73		48	
Net cash generated from/(used in) investing activities			73		(4,697)
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents			26,289		(12,860)
Cash and cash equivalents at beginning of year			17,666		30,526
Cash and cash equivalents at end of year			<u>43,955</u>		<u>17,666</u>

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2016

1 Accounting policies

Charity information

Brighton Therapy Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 4th Floor, Park Gate, 161-163 Preston Road, Brighton, East Sussex, BN1 6AF.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

These accounts for the year ended 31 December 2016 are the first accounts of Brighton Therapy Centre Limited prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 January 2015. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of any VAT which cannot be reclaimed. All support costs are allocated to the sole charitable activity.

Governance costs include expenditure not directly related to the charitable activity and includes accountancy costs.

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	20% reducing balance
Computers	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Capital items with a cost price of less than £100 are not capitalised.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received, if material.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	2016	2015
	£	£
Donations and gifts	-	813

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

4 Incoming resources from charitable activities

	2016 £	2015 £
Room rental and other services including training and therapy	<u>181,082</u>	<u>140,115</u>

5 Investments

	2016 £	2015 £
Interest receivable	<u>73</u>	<u>48</u>

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

6 Charitable activities

	2016 £	2015 £
Staff costs	77,043	47,094
Depreciation and impairment	1,014	1,708
Mindfulness and Practitioners	19,727	12,730
Rates	2,189	2,140
Insurance	2,085	2,159
Light and Heat	1,907	2,768
FF&E<£100	340	1,727
Repairs and Maintenance	3,921	24,557
Postage and Stationery	834	816
Telephone and Internet	667	389
Cleaning	3,525	2,719
Computer	280	704
Sundry & Advertising	979	863
Legal and Professional	4,279	4,501
Rent & Parking	27,086	25,768
Bank Charges and other Interest	90	100
Consultancy Fee	1,600	-
Other charitable expenditure	-	1,542
	<u>147,566</u>	<u>132,285</u>
Share of governance costs (see note)	1,000	1,000
	<u>148,566</u>	<u>133,285</u>
Analysis by fund		
Unrestricted funds	<u>148,566</u>	
	<u>148,566</u>	
For the year ended 31 December 2015		
Unrestricted funds		<u>133,285</u>
		<u>133,285</u>

Governance costs include accountancy fees payable for the period total £833 + VAT (2015: £833 + VAT).

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

The charity paid rent of £25,000 (2015: £23,218) to Ritelands Property Company Limited a company controlled by the Trustee J C Coleman.

The liability of the trustees is limited to a sum not exceeding £10, being the amount that each trustee undertakes to contribute to the assets of the charity in the event of it being wound up.

8 Employees

Number of employees

The average monthly number employees during the year was:

	2016 Number	2015 Number
Administrator	1	1
Managers	2	2
	<u>3</u>	<u>3</u>
	<u>3</u>	<u>3</u>
Employment costs	2016	2015
	£	£
Wages and salaries	73,445	46,515
Social security costs	3,598	579
	<u>77,043</u>	<u>47,094</u>
	<u>77,043</u>	<u>47,094</u>

Holiday is to calendar year and no holiday is carried forward, no holiday pay provision required.

There were no employees whose annual remuneration was £60,000 or more.

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

9 Tangible fixed assets

	Fixtures, fittings & equipment £	Computers £	Total £
Cost			
At 1 January 2016	7,055	1,565	8,620
At 31 December 2016	7,055	1,565	8,620
Depreciation and impairment			
At 1 January 2016	2,288	1,503	3,791
Depreciation charged in the year	954	60	1,014
At 31 December 2016	3,242	1,563	4,805
Carrying amount			
At 31 December 2016	3,813	2	3,815
At 31 December 2015	4,767	62	4,829

10 Financial instruments

	2016 £	2015 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	5,452	6,566
Carrying amount of financial liabilities		
Measured at amortised cost	2,233	10,194

11 Debtors

	2016 £	2015 £
Amounts falling due within one year:		
Trade debtors	4,451	6,566
Other debtors	1,001	-
Prepayments and accrued income	2,673	1,372
	8,125	7,938

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

12 Creditors: amounts falling due within one year

	2016 £	2015 £
Other taxation and social security	2,200	1,366
Trade creditors	616	590
Other creditors	310	8,224
Accruals and deferred income	1,307	1,380
	<u>4,433</u>	<u>11,560</u>

13 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2016 £	2015 £
Within one year	25,000	25,000
Between two and five years	52,083	77,083
	<u>77,083</u>	<u>102,083</u>

14 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2016 £	2015 £
Aggregate compensation	<u>51,200</u>	<u>30,720</u>

BRIGHTON THERAPY CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2016

15	Cash generated from operations	2016 £	2015 £
	Surplus for the year	32,589	7,691
	Adjustments for:		
	Investment income recognised in statement of financial activities	(73)	(48)
	Depreciation and impairment of tangible fixed assets	1,014	1,708
	Movements in working capital:		
	(Increase) in debtors	(187)	(7,188)
	(Decrease) in creditors	(7,127)	(10,326)
	Cash generated from/(absorbed by) operations	26,216	(8,163)
