Registered Number 07782833

WORKOUT FOR LESS LTD

Abbreviated Accounts

30 September 2012

WORKOUT FOR LESS LTD **Registered Number 07782833**

Abbreviated Balance Sheet as at 30 September 2012

	Notes	*2012*
		£
Fixed assets		
Tangible assets	2	2,215
		2,215
Current assets		
Stocks		19,412
Debtors		22,780
Cash at bank and in hand		5,524
		47,716
Creditors: amounts falling due within one year		(2,352)
Net current assets (liabilities)		45,364
Total assets less current liabilities		47,579
Total net assets (liabilities)		47,579
Capital and reserves		
Called up share capital		100
Other reserves		41,942
Profit and loss account		5,537
Shareholders' funds		47,579

- For the year ending 30 September 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 June 2013

And signed on their behalf by:
Mr Ben Goulding, Director

Notes to the Abbreviated Accounts for the period ended 30 September 2012

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
Additions	2,461
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2012	2,461
Depreciation	
Charge for the year	246
On disposals	-
At 30 September 2012	246
Net book values	
At 30 September 2012	2,215

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