

Abbreviated Unaudited Accounts for the Year Ended 31 August 2016

for

Fitness To Lead Ltd.

Fitness To Lead Ltd. (Registered number: 07686921)

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for the Year Ended 31 August 2016**

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Fitness To Lead Ltd.

Company Information for the Year Ended 31 August 2016

DIRECTOR: J Harding

SECRETARY:

REGISTERED OFFICE: 8 Willard Way
Ashington
West Sussex
RH20 3PQ

REGISTERED NUMBER: 07686921 (England and Wales)

ACCOUNTANT: JMSolutions(Guildford)
13 Gatley Drive
Guildford
Surrey
GU4 7JJ

Fitness To Lead Ltd. (Registered number: 07686921)

Abbreviated Balance Sheet 31 August 2016

	Notes	31.8.16 £	£	31.8.15 £	£
FIXED ASSETS					
Tangible assets	2		5,354		6,102
CURRENT ASSETS					
Debtors		15,623		7,412	
Cash at bank		<u>102,355</u>		<u>117,638</u>	
		117,978		125,050	
CREDITORS					
Amounts falling due within one year		<u>37,900</u>		<u>35,537</u>	
NET CURRENT ASSETS			<u>80,078</u>		<u>89,513</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>85,432</u>		<u>95,615</u>
PROVISIONS FOR LIABILITIES			<u>1,071</u>		<u>1,220</u>
NET ASSETS			<u>84,361</u>		<u>94,395</u>
CAPITAL AND RESERVES					
Called up share capital	3		150		150
Profit and loss account			<u>84,211</u>		<u>94,245</u>
SHAREHOLDERS' FUNDS			<u>84,361</u>		<u>94,395</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 29 May 2017 and were signed by:

J Harding - Director

Fitness To Lead Ltd. (Registered number: 07686921)

Notes to the Abbreviated Accounts for the Year Ended 31 August 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 25% on reducing balance and 15% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 September 2015	9,630
Additions	985
At 31 August 2016	<u>10,615</u>
DEPRECIATION	
At 1 September 2015	3,528
Charge for year	1,733
At 31 August 2016	<u>5,261</u>
NET BOOK VALUE	
At 31 August 2016	<u>5,354</u>
At 31 August 2015	<u>6,102</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.8.16 £	31.8.15 £
100	A Ordinary	£1	100	100
50	B Ordinary	£1	50	50
			<u>150</u>	<u>150</u>

4. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The Director received rent for the use of a home office of £406.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.