REGISTERED NUMBER: 07686921 (England and Wales)

Abbreviated Unaudited Accounts for the Year Ended 31 August 2015

for

Fitness To Lead Ltd.

Fitness To Lead Ltd. (Registered number: 07686921)

Contents of the Abbreviated Accounts
for the Year Ended 31 August 2015

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

Fitness To Lead Ltd.

Company Information
for the Year Ended 31 August 2015

DIRECTOR:	J Harding
SECRETARY:	
REGISTERED OFFICE:	8 Willard Way Ashington West Sussex RH20 3PQ
REGISTERED NUMBER:	07686921 (England and Wales)
ACCOUNTANT:	JMSolutions(Guildford) 13 Gatley Drive Guildford Surrey GU4 7JJ

Fitness To Lead Ltd. (Registered number: 07686921)

Abbreviated Balance Sheet
31 August 2015

	Notes	31.8.15 £	£	31.8.14 £	£
FIXED ASSETS					
Tangible assets	2		**6,102**		6,673
CURRENT ASSETS					
Debtors		**7,412**		20,154	
Cash at bank		**117,638**		56,079	
		125,050		76,233	
CREDITORS					
Amounts falling due within one year		**35,537**		30,056	
NET CURRENT ASSETS			**89,513**		46,177
TOTAL ASSETS LESS CURRENT LIABILITIES			**95,615**		52,850
PROVISIONS FOR LIABILITIES			**1,220**		1,335
NET ASSETS			**94,395**		51,515
CAPITAL AND RESERVES					
Called up share capital	3		**150**		150
Profit and loss account			**94,245**		51,365
SHAREHOLDERS' FUNDS			**94,395**		51,515

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 18 May 2016 and were signed by:

J Harding - Director

The notes form part of these abbreviated accounts

1. **ACCOUNTING POLICIES**

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 25% on reducing balance and 15% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total
	£
COST	
At 1 September 2014	**8,516**
Additions	**1,114**
At 31 August 2015	**9,630**
DEPRECIATION	
At 1 September 2014	**1,843**
Charge for year	**1,685**
At 31 August 2015	**3,528**
NET BOOK VALUE	
At 31 August 2015	**6,102**
At 31 August 2014	6,673

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.8.15 £	31.8.14 £
100	A Ordinary	£1	**100**	100
50	B Ordinary	£1	**50**	50
			150	150

4. **DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The Director received rent for the use of a home office of £406.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.