

Registered Number 07672721

HEALTHSTATION NUTRITION LTD

Abbreviated Accounts

25 June 2016

Abbreviated Balance Sheet as at 25 June 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	654	654
		<u>654</u>	<u>654</u>
Current assets			
Stocks		5,120	4,675
Debtors		18,874	17,098
Cash at bank and in hand		5,451	6,937
		<u>29,445</u>	<u>28,710</u>
Creditors: amounts falling due within one year		(16,825)	(19,489)
Net current assets (liabilities)		<u>12,620</u>	<u>9,221</u>
Total assets less current liabilities		<u>13,274</u>	<u>9,875</u>
Total net assets (liabilities)		<u>13,274</u>	<u>9,875</u>
Capital and reserves			
Called up share capital		2	2
Profit and loss account		13,272	9,873
Shareholders' funds		<u>13,274</u>	<u>9,875</u>

- For the year ending 25 June 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 21 May 2017

And signed on their behalf by:

L Dewhurst, Director

Notes to the Abbreviated Accounts for the period ended 25 June 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 26 June 2015	654
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 25 June 2016	<u>654</u>
Depreciation	
At 26 June 2015	-
Charge for the year	-
On disposals	-
At 25 June 2016	<u>-</u>
Net book values	
At 25 June 2016	<u>654</u>
At 25 June 2015	<u>654</u>

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