

Registered Number 07577310

APS FITNESS LIMITED

Abbreviated Accounts

31 March 2012

Abbreviated Balance Sheet as at 31 March 2012

	Notes	2012 £
Fixed assets		
Tangible assets	2	8,000
		<u>8,000</u>
Current assets		
Debtors		5,087
Cash at bank and in hand		8,834
		<u>13,921</u>
Creditors: amounts falling due within one year		<u>(4,911)</u>
Net current assets (liabilities)		<u>9,010</u>
Total assets less current liabilities		<u>17,010</u>
Creditors: amounts falling due after more than one year		<u>(28,399)</u>
Total net assets (liabilities)		<u><u>(11,389)</u></u>
Capital and reserves		
Called up share capital	3	100
Profit and loss account		(11,489)
Shareholders' funds		<u><u>(11,389)</u></u>

- For the year ending 31 March 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 9 January 2013

And signed on their behalf by:

M.Lovett, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2012**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
Additions	10,546
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2012	<u>10,546</u>
Depreciation	
Charge for the year	2,546
On disposals	-
At 31 March 2012	<u>2,546</u>
Net book values	
At 31 March 2012	<u><u>8,000</u></u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2012</i>
	£
100 Ordinary shares of £1 each	100

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