Registered Number 07463576

John Benfield HR Consultancy Limited

Abbreviated Accounts

31 December 2015

John Benfield HR Consultancy Limited **Registered Number 07463576**

Balance Sheet as at 31 December 2015

	Notes	2015		2014	
		£	£	£	£
Fixed assets	2				
Tangible			191		0
			191		0
Current assets					
Debtors		9,958		8,329	
Cash at bank and in hand		5,362		11,106	
Total current assets		15,320		19,435	
Creditors: amounts falling due within one year		(15,326)		(17,576)	
Net current assets (liabilities)			(6)		1,859
Total assets less current liabilities			185		1,859
Total net assets (liabilities)			185		1,859
Capital and reserves					
Called up share capital	4		100		100
Profit and loss account			85		1,759

Shareholders funds	185	1,859

a. For the year ending 31 December 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 28 April 2016

And signed on their behalf by:
J R Benfield, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

John Benfield HR Consultancy Limited **Registered Number 07463576**

Notes to the Abbreviated Accounts

For the year ending 31 December 2015

1 **Accounting policies**

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the period, inclusive of Value Added Tax.

Fixed Assets

All fixed assets are initially recorded at cost.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability. Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity. Compound instruments Compound instruments comprise both a liability and an equity component. At date of issue, the fair value of the liability component is estimated using the prevailing market interest rate for a similar debt instrument. The liability component is accounted for as a financial liability. The residual is the difference between the net proceeds of issue and the liability component (at time of issue). The residual is the equity component, which is accounted for as an equity instrument. The interest expense on the liability component is calculated applying the effective interest rate for the liability component of the instrument. The difference between this amount and any repayments is added to the carrying amount of the liability in the balance sheet.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment	25% Straight Line

2 **Fixed Assets**

2 Fixed Assets

	Tangible Assets	Total
Cost or valuation	**£**	**£**
At 01 January 2015	531	531
Additions	254	254
At 31 December 2015	785	785
Depreciation		
At 01 January 2015	531	531
Charge for year	63	63
At 31 December 2015	594	594
Net Book Value		
At 31 December 2015	191	191
At 31 December 2014	0	0

3 **Creditors: amounts falling due after more than one year**

4 **Share capital**

	2015	2014
	£	**£**
Authorised share capital:		
1000 Ordinary of £1 each	1,000	1,000
Allotted, called up and fully paid:		
100 Ordinary of £1 each	100	100