Company registration number 7410021 (England and Wales)

CAINS COACHING & CONSULTING LIMITED

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 OCTOBER 2025

PAGES FOR FILING WITH REGISTRAR

CAINS COACHING & CONSULTING LIMITED

BALANCE SHEET

AS AT 31 OCTOBER 2025

	2025		2024	
	£	£	£	£
Fixed assets		247		247
Creditors: amounts falling due within one year	(6,556)		(6,556)	
Net current liabilities		(6,556)		(6,556)
Total assets less current liabilities		(6,309)		(6,309)
Net liabilities		(6,309)		(6,309)
Capital and reserves		(6,309)		(6,309)

Notes to the financial statements

1 Employees

The average number of persons, including directors, employed by the company during the year was as follows:

	2025 Number	2024 Number
Employees	0	0

Cains Coaching & Consulting Limited is a private company limited by shares incorporated in England and Wales. The registered office is First Floor, 68 Uppermoor, Leeds, West Yorkshire, LS28 7EX.

For the year ended 31 October 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime', and have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The director of the company has elected not to include a copy of the profit and loss account within the financial statements.

BALANCE SHEET (CONTINUED)

AS AT 31 OCTOBER 2025

The financial statements were approved and signed by the director and authorised for issue on 26 November 2025

Ms Amanda Cains
Director

Company registration number 7410021 (England and Wales)

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.