CAINS COACHING & CONSULTING LIMITED

Unaudited Financial Statements

for the Year Ended 31 October 2021

Phil Dodgson & Partners Limited
Chartered Accountants
First Floor
68 Uppermoor
Pudsey
West Yorkshire
LS28 7EX

Contents of the Financial Statements
for the year ended 31 October 2021

	Page
Balance Sheet	1

Balance Sheet
31 October 2021

	2021		2020	
	£	£	£	£
FIXED ASSETS		247		247
CREDITORS				
Amounts falling due within one year		(6,556)		(6,556)
NET CURRENT LIABILITIES		(6,556)		(6,556)
TOTAL ASSETS LESS CURRENT LIABILITIES		(6,309)		(6,309)
CAPITAL AND RESERVES		(6,309)		(6,309)

NOTES TO THE FINANCIAL STATEMENTS

1. **STATUTORY INFORMATION**

Cains Coaching & Consulting Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 07410021

Registered office: First Floor
68 Uppermoor
Pudsey
Leeds
West Yorkshire
LS28 7EX

2. **AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was NIL (2020 - 1) .

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2021 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

continued...

Balance Sheet - continued
31 October 2021

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 27 July 2022 and were signed by:

A J Cains - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.