

Registered Number 07212421

VIKING FITNESS LTD

Abbreviated Accounts

30 April 2012

VIKING FITNESS LTD

Registered Number 07212421

Balance Sheet as at 30 April 2012

	Notes	2012	2011
		£	£
Fixed assets			
Tangible	2	36,897	42,909
Total fixed assets		36,897	42,909
Current assets			
Stocks		4,800	5,305
Debtors		7,142	8,396
Cash at bank and in hand		16,841	19,616
Total current assets		28,783	33,317
Creditors: amounts falling due within one year		(55,892)	(63,594)
Net current assets		(27,109)	(30,277)
Total assets less current liabilities		9,788	12,632
Total net Assets (liabilities)		9,788	12,632
Capital and reserves			
Called up share capital		10,000	10,000
Profit and loss account		(212)	2,632
Shareholders funds		9,788	12,632

- a. For the year ending 30 April 2012 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 11 July 2012

And signed on their behalf by:

WAYNE CARTER, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 April 2012

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective June 2002)

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods and services, excluding value added tax.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	20.00% Reducing Balance
Fixtures and Fittings	10.00% Reducing Balance

2 Tangible fixed assets

Cost	£
At 30 April 2011	49,538
additions	559
disposals	(1,169)
revaluations	
transfers	
At 30 April 2012	<u>48,928</u>
Depreciation	
At 30 April 2011	6,629
Charge for year	5,667
on disposals	<u>(265)</u>
At 30 April 2012	<u>12,031</u>
Net Book Value	
At 30 April 2011	42,909
At 30 April 2012	<u>36,897</u>

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

3 Transactions with directors

N/a

4 Related party disclosures

N/a

5 Enter additional note title here

N/a