

Registered Number 07022708

YOGA ANANDA LIMITED

Abbreviated Accounts

31 December 2015

Abbreviated Balance Sheet as at 31 December 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
Fixed assets			
Tangible assets	2	2,371	3,510
		<u>2,371</u>	<u>3,510</u>
Current assets			
Stocks		450	250
Debtors		26,542	25,155
Cash at bank and in hand		2,765	-
		<u>29,757</u>	<u>25,405</u>
Creditors: amounts falling due within one year		(124,276)	(120,397)
Net current assets (liabilities)		<u>(94,519)</u>	<u>(94,992)</u>
Total assets less current liabilities		<u>(92,148)</u>	<u>(91,482)</u>
Total net assets (liabilities)		<u>(92,148)</u>	<u>(91,482)</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(92,248)	(91,582)
Shareholders' funds		<u>(92,148)</u>	<u>(91,482)</u>

- For the year ending 31 December 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 23 September 2016

And signed on their behalf by:

Leon Deith, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2015**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Premises refurbishment 20% straight line

Furniture and fittings 25% reducing balance

Computer Equipment 25% straight line

Valuation information and policy

Stock is valued at the lower of cost and net realisable value.

Other accounting policies

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Tangible fixed assets

	£
Cost	
At 1 January 2015	69,920
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2015	<u>69,920</u>
Depreciation	
At 1 January 2015	66,410
Charge for the year	1,139
On disposals	-
At 31 December 2015	<u>67,549</u>
Net book values	

At 31 December 2015	<u>2,371</u>
At 31 December 2014	<u>3,510</u>

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