

the east to west trust

**Report and
Financial Statements**
31 August 2012

**bringing hope to
young lives**



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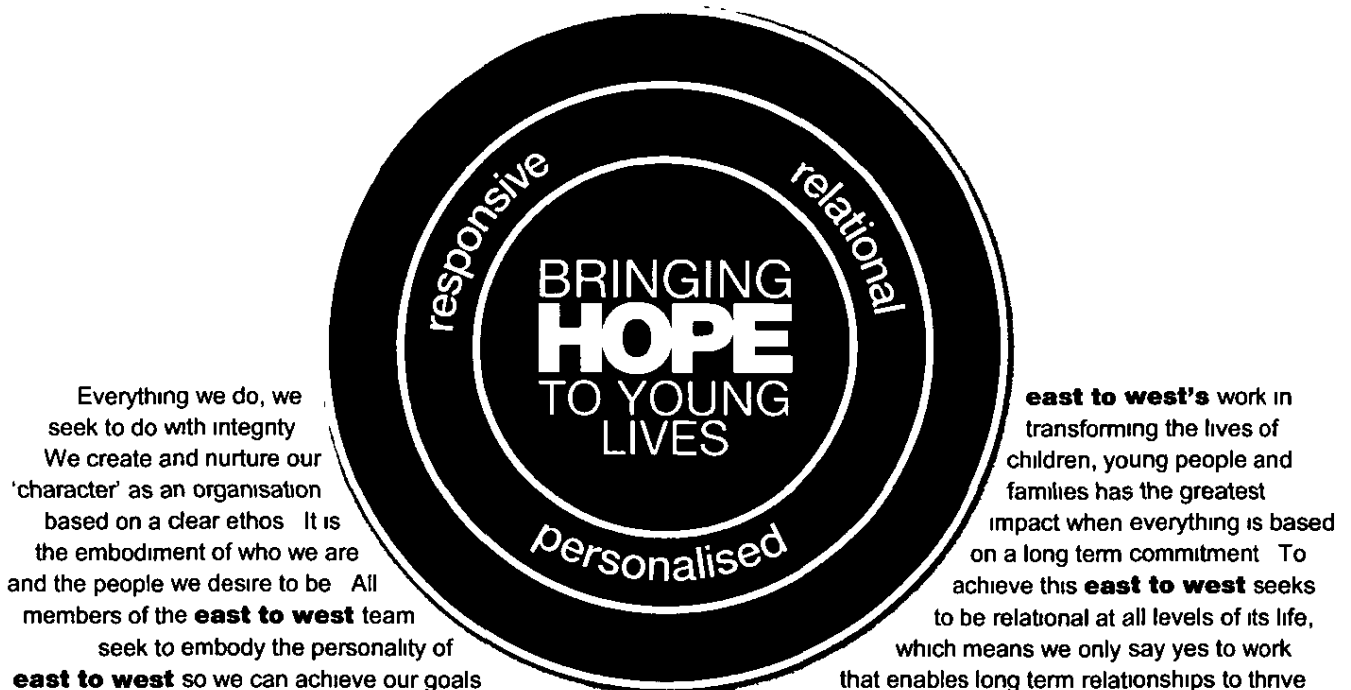
COMPANIES HOUSE

A company limited by guarantee
Registered in England and Wales number 6972769

Registered charity number 1131229

Introducing the east to west trust

east to west is about positive outcomes for children, young people and families. Equally our inspiration is about nurturing and inspiring not only the **east to west** team but also churches and statutory partners as together we seek to bring Hope



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Legal and administrative information

Company/Charity name	the east to west trust
Registered charity number	1131229
Registered company number	06972769
Registered office	Unit 3 80 High Street Egham Surrey TW20 9HE 01784 438007
Website	www.easttowest.org.uk (Also www.supportedlodgings.org)
Trustees/Directors	Paul Marchant (Chair) Emma Brckell Alastair Dijkman Ingnd Jack Andrew Lancaster Inglis Wightman There were no changes in Trustees/Directors during the year
Secretary	Kenneth Morgan
Bankers	The Co-Operative Bank plc PO Box 101 1 Balloon Street Manchester M60 4EP
Solicitors	R P Huggins & Co Cockayne House 126/128 Crockhamwell Road Woodley Reading RG5 3JH
Independent examiner	Trevor Wells, FCA 31 Elizabeth Avenue Laleham Staines Middlesex TW18 1JW

Report of the trustees

(incorporating the directors' report)

for the year ended 31 August 2012

Introduction

The trustees present their report and the financial statements for the year to 31 August 2012

the east to west trust is a company limited by guarantee and a registered charity. It is governed by its Memorandum and Articles of Association.

This charitable company commenced activities on 1 September 2009 when it received the assets, liabilities and operations of the former unincorporated charity "**the east to west trust**" (registered charity number 1059177) founded in 1996. The company now continues the work started and built up by its predecessor.

Our aims

The objects of the trust set out in its Memorandum of Association are

- To advance in life and relieve the needs of young people through
 - Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals
 - The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life
- To assist in the relief of human suffering and poverty consequent upon the effect of personal, local, national or international disaster
- To advance the Christian faith in accordance with the trust's statement of beliefs

To assist the achievement of these objects, the trust has adopted the purposes

- To see young people impacted by hope
- To see youth workers and churches empowered and equipped to impact young people with hope

By "hope" we mean hope of restoration, reconciliation and transformation. These purposes are summarised in our strap line "*bringing hope to young lives*".

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Our work is targeted at young people aged between 4 and 18, although we will continue supporting young people once their age exceeds 18 years old. We do not discriminate or treat any young person less favourably on the grounds of gender, marital status, race, colour, nationality, ethnic origin, religion, disability, age or sexual orientation because we believe that everyone is made in the image of God and therefore everyone is of equal value and of unfathomable worth.

Review of activities

Our principal activities and those whom we seek to help are described below.

Relational Support Work

The scope of **east to west's** role within the communities it operates in is hugely diverse, but the common thread flowing throughout the work is Relational Support Work which is at the heart of all our projects. Relational Support Work is a commitment to journey with children, young people and families through the issues that they are addressing and expressing in their lives, and to be a constant advocate, friend and channel of support for however long this is needed.

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

"It's that unconditional long term commitment to love and serve our community that has enabled transformation to happen"

Andy Burns, CEO

School Relational Support Work

School Relational Support Workers spend time building and maintaining purposeful relationships with students and staff in schools. The non-teacher, non-student nature of the role allows a unique relationship to be formed where confidence is central and advice and support are offered.

"Because of the time I've spent working with the students, I have learned to recognise when their smile is genuine, when it's not, and when they're hiding something. It's only because of the time I've spent with each young person that I know when to say, 'Would you like to come and have a chat? Something seems to be up'."

Dan Beedell, Relational Support Worker, Thomas Knyvett College

"east to west has helped me hugely over the past 4-5 months. No matter how big or small a problem is, they will always do the best they can to help and give advice. I am so grateful for everything they have done."

Student, Charters School

The School Relational Support Workers are involved in a wide variety of activities aimed at increasing the students' emotional, physical and spiritual well-being.

"Driving the minibus on day trips, helping out with the Duke of Edinburgh Award, assisting in class, talking to parents, mentoring students through tough times, advocating on behalf of students, running groups. The list goes on!"

Nicola Lainsbury, Relational Support Worker, The Magna Carta School

And the benefits of building supportive relationships are highlighted by this student:

"My Relational Support Worker doesn't get mad when other people would. She really cares for me."

east to west has been involved in the life of secondary schools for over 13 years, implementing, developing and sustaining placements. Currently we have placements running in four schools:

- Charters School, Sunningdale
- The Magna Carta School, Staines-upon-Thames
- Matthew Arnold School, Staines-upon-Thames
- Thomas Knyvett College, Ashford

Achievements delivered over the 2011-12 academic year:

- 26 Support groups addressing areas such as self-harm, anger management and school refusers
- 2143 hours of one-to-one pastoral support for young people with child protection, drug, sexual health and other issues, an increase of over 600 hours
- In the past year the hourly provision for key areas, Anger, Anxiety, Behaviour, and Self-Esteem has continued to grow, with Family Issues again being the dominant issues addressed by the team
- Over 100 hours of accredited courses, including Youth Achievement and Duke of Edinburgh
- Young carer sessions for 19 young carers
- Targeted support to year 11 pupils
- Promoting Healthy Relationship and anti-bullying workshop days

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

Family Link Worker

Our Family Link Worker spends time building purposeful relationships with parents and children in first schools in Windsor with the aim of being a constant support through the pressures of family life

"Parents are parents wherever you are in the UK under the surface we're all the same just wondering if we're doing a good enough job My role isn't to be the expert, but more a friendly face who is still a parent and wondering the same things as well "

Mandy Mitchell, Family Link Worker

As with the team that work in the secondary schools, the non-teacher, non-student nature of the role allows a unique relationship to be formed where confidence is central and advice and support are offered

"My favourite thing about Mrs Mitchell is that she is kind, a bit crazy, and really, really funny She is really easy to talk to She plays with me, listens to me, and helps me with my handwriting "

A Child

"Why doesn't every school have a Mandy? She is so valuable and pulls everything together "

A Parent on one of the courses run by Mandy Mitchell

east to west has been involved in first schools since 2010 and currently has placements in three schools

- Queen Anne First School, Windsor
- Clewer Green C of E Aided First School, Windsor
- Trnity St Stephen C of E Aided First School, Windsor

Achievements delivered over the past academic year

- 350 hours of one-to-one pastoral support to young people and their carers on academic, family, and developmental issues
- 600 hours delivering parenting courses and working with families
- 5 support groups addressing self-esteem and behavioural issues
- Additional Activities being run for the local school communities including Gardening Projects

Community Youth Pastor

The Community Youth Pastor continues to be a pioneering initiative and has built on the partnership between **east to west**, local police and churches in responding to the needs and issues that surround youth crime and anti-social behaviour The project covers Windsor, Dedworth & Datchet and it recognises that crime and anti-social behaviour is often the outworking of a young person's response to their life journey so far, and, involvement in such activities is a direct reflection of a young person's diminished sense of community and belonging The development of the role and the partnership is highlighted by Nick Hill

"The focus was shifted from being solely on the police partnership to a more general approach directed towards antisocial behaviour in the borough This change came about as it became clear that the large numbers of NEET (not in employment, education or training) young people in the area were not getting the support that they needed to help them to move forward "

The Youth Pastor offers relational support amongst young people referred by the police, not simply seeking to curb bad behaviour but to enable them to understand the reasons why they behave in such a way and to refocus them into positive activities

Report of the trustees continued

(Incorporating the directors' report)

for the year ended 31 August 2012

"One of the developments we made was to take the established Prince's Trust course, and from it create our "Inspire" course. It's a very diverse job, and no day is ever the same. I love working alongside people in the community, and meeting new people, such as Noel, a youth worker I work closely with to deliver courses and group work for young people."

Nick Hill, Community Youth Pastor

Achievements delivered since September 2011

- 104 hours of mentoring to 145 young people, addressing the issues of anti-social behaviour and encouraging ambitions towards education and employment, primarily through the delivery of the "Inspire" employability course focused on those Not in Education, Employment or Training (NEET). The success of this course is shown by 85% of the attendees entering employment or education.
- So far 5 "Inspire" courses have been run by Nick and Noel, working alongside 23 Young People.

Supported Lodgings

Throughout the three Surrey boroughs of Elmbridge, Runnymede and Spelthorne 93 young people aged between 16 & 19 have approached the council for housing, of which approximately half were for emergency placement. The causes of this homelessness vary but the reality is that all the young people are vulnerable, low in confidence and lack the ability to see a way forward. The Supported Lodgings programme has worked with these Young People helping to bring Hope to them and their lives. The aim of Supported Lodgings is to assist young people who have had to leave home, and whose options are very limited. The scheme provides an alternative to the homelessness that can come about between leaving home and finding longer term accommodation, or it can provide a temporary shelter while tensions at home are addressed and resolved. However, the role of Supported Lodgings stretches far beyond putting a roof over a young person's head, it provides emotional support and guidance, and allows the young person to learn the basic skills that will be required when they gain full independence.

Supported Lodgings seeks to achieve these aims of bridging this vulnerable period of homelessness by placing the homeless young person into a host's home for up to a year. This gift of hospitality provides security and stability, building confidence to cope with the move towards independence.

"Yes, it was hard at times, but ultimately it's been a very rewarding experience, and an opportunity to show God's love in the community. We really do need to break these painful cycles that so many young people get caught in."

Bex Lawne, **east to west's** first Supported Lodgings Host

Each host is trained and supported by **east to west's** Supported Lodgings team who also work alongside the young person to bring about positive outcomes in his/her life. The end goal is for the young person to move onto supported housing, safe independent living or be reconciled back into his/her family home. Nathan, a Young person helped by Supported Lodgings describes what would have happened if he'd not been helped by the project.

"I would be living at one of my parents' and getting into trouble, or be in prison or involved in drugs. I would have given up college if I wasn't living with my hosts. I feel like I've landed on my feet."

Supported Lodgings runs in conjunction with Surrey County Council's "Supporting People" programme. 19 referrals were made to **east to west** in the past year (81 since the service went live in November 2009), which has led to four new young people being housed on the programme so far.

Achievements since this service went live in November 2009

- 12 hosts trained since Nov 2009 (this includes those no longer hosting, those taking a break and those waiting to commence hosting)
- 18 young people housed of whom 4 continue to be housed, 5 have made the transition into supported accommodation, 5 have moved onto fully independent living and 4 have been reconciled back to the family home.
- Support provided to young people dealing with health related issues, abuse, bereavement and neglect.

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

Safeguarding

Following the establishment of the Operations Manager role, a dedicated Safeguarding Supervisor was added to further strengthen the organisation in the area of safeguarding and providing greater support for the whole team

Case study

A day in the life of a team of Relational Support Workers

Affy, Tracey, Carolyn and Rachel are the team of Relational Support Workers (RSWs) at Charters School. This is an example of what they get up to on an average day and illustrates how they impact young lives.

A morning at Charters School begins with a discussion of what is lined up for the day ahead, different strategies of approach for individual students, and what will be covered in the group session that will be held in the afternoon. The team often uses this time to discuss a student who needs particular help, such as with the stress of exams or bad behaviour.

The RSWs in the school usually work with referrals. There is a counsellor onsite if an issue arises that requires extra support. A young person might be referred for any number of reasons and will then see one of the team. At any point in time they generally will be working with around 25 young people for one-to-one sessions and see an additional 5 young people in a group. The majority of issues dealt with at the school are related to alcohol, drugs, sex and family, and the young people will see their RSW for any length of time between a term and a year, and sometimes even longer. After a year, they are usually referred to a counsellor or other agency if further help is required.

The RSWs genuinely care for the students, which can heighten the frustration of a student repeatedly making a choice that might be harmful. However, the excitement and relief of seeing the young people progress – even if it is only a small step at a time – overshadows the frustration of the work and makes it worthwhile. While they understand that the students must face the consequences of their misguided decisions, the whole team have a great deal of compassion for the young people and will fight for them when it is possible to do so.

A course is held in the afternoon, such as a self-esteem group aimed specifically at girls. In one particular session the girls were not enthusiastic or keen to get involved, and so it was necessary to begin with a 'silly questions' game to break the ice and to encourage the girls to participate in the session. Once they had relaxed the group looked at what makes them feel positive and what discourages them.

*"The services who work with the school have expanded and **east to west** have become a really important part of our school."*

Martyn Parker, Co-Head Teacher, Charters School

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

Case study

Simon and anger management

Simon was invited to join an anger management course run by **east to west** at his school. His behaviour was temperamental and he was often getting into trouble for lashing out in class.

On the course he met his Relational Support Worker, who taught him other ways of dealing with anger triggers and explained to him how the brain and the body work in relation to anger. Together, Simon and his RSW sought the root of the anger so that they could deal with it. By taking the course, Simon also found it helpful to meet with other people who also needed help to control their anger.

Over the duration of the course, Simon was able to see things in a new light, and he began to put all he had learnt into practice. His behaviour improved, and others began to notice it too. His teachers were pleased with his progress and his mum explained that since Simon had taken the course, his behaviour at home had improved and was making life much easier. Simon said, "Because of the anger management course I went on, I have learnt to think about why I get angry. I can now calm down and have stopped misbehaving."

Partnerships

east to west seeks to empower and equip youth workers and churches to impact young people with hope as one of its prime purposes. Our expanding partnership base is the network through which we aspire to see this goal fulfilled and on which we continue to build.

In the year 2011-12 **east to west** partnered with

- 19 Local churches
- 4 Secondary schools
- 3 First schools
- 1 Police neighbourhood team
- 6 Local youth agencies and authorities
- 4 National youth agencies

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

The people that make it happen

Trustees

The trustees, who are also directors for the purposes of company law, and who served during the year and up to the date of this report, are listed on page 4

Team

Whilst the scale of our activities has grown, we have scaled back on our team to the extent we now employ a total of 13 part time and full time staff under the continuing leadership of Andy Burns. This team is focussed on the delivery of our frontline programmes and is assisted by external advisers with specialist expertise in IT, marketing and finance.

Volunteers

The trustees again extend heartfelt thanks to the trust's dedicated volunteers for the continuing contribution they make. In the year 2011-2012 fifteen volunteers enthusiastically and diligently supported the trust in areas such as mentoring, support groups and Christian Unions, detached youth work, providing accommodation to homeless young people as well as offering time and skills to support the whole organisation.

All our volunteers are CRB cleared and the trust provides ongoing training to equip them for their roles.

Finance

Overview

Total income was £295,418 which represents an increase of 1.8% compared with the income of 2010-11. We are especially grateful to the individuals and churches that financially support our work - their donations have increased by a quarter on last year and compensated for the loss of funding from other sources. This change is mirrored in overall unrestricted income which was up by a third whereas restricted income dropped by 18%.

Costs totalled £249,705 and were at a lower level than 2010-11 following the ending of the Community Youth Pastor work in Egham. Approximately 80% of our expenditure relates to staff salaries and national insurance. The remainder covers office overheads, communications, travel and training.

Income exceeded expenditure by £45,713 across the trust as a whole, and by £37,908 on the Relational Support Work unrestricted fund leaving a balance of £90,097 to carry forward to 2012-13.

The trust's cash balance at 31 August 2012 was £166,217 of which £30,000 is funding received in advance for 2012-13.

We shall be continuing all current activities into the new financial year and have expectations for growth which are described later in this report. The funding scene for our work continues to present challenges to our organisational model and there is a need to adapt to the evolving climate. The demand for our work is as great as ever and it is the availability of resources which is the limiting factor to what we can achieve.

Report of the trustees continued

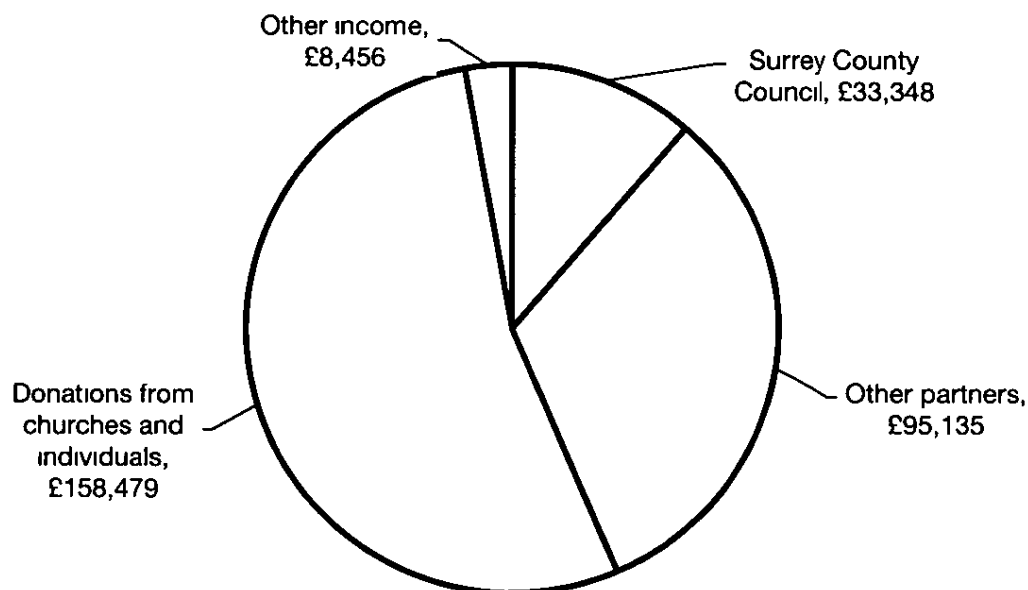
(incorporating the directors' report)

for the year ended 31 August 2012

Funding

We are extremely grateful for the money generously given by all our supporters

The chart below shows the sources of funding



Donations from churches and individuals provided 54% of our income, arising as regular and one-off donations plus gift aid where applicable. This provision is extremely beneficial as it underpins the ongoing work of **east to west** and enables us to plan into the future with greater certainty.

Our partners (see page 10) have contributed a further 43%. Surrey County Council is a key partner of the trust and has provided 11% of this through their Supporting People scheme and Youth Development Service.

Other income has been gained from activities such as training events, for which we make a small charge, and fundraising activities.

Reserves policy

The trustees have examined the trust's requirements for reserves in the light of the main risks to the organisation and have established a policy whereby unrestricted funds not committed or invested in fixed assets held by the charity equivalent to a minimum of 3 months' expenditure will aim to be retained to cover situations such as unforeseen drops in income.

Following last year's fall in unrestricted reserves, we are very pleased to report that the surplus achieved this year means that the target has been exceeded as at 31 August 2012.

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

Governance

Board of trustees

The board of trustees has responsibility for directing and controlling the affairs of the trust. There are board meetings every three months to

- review the trust's activities, finances and performance
- approve future plans and strategy
- monitor risks and ensure that they are appropriately managed

At the start of each year goals are agreed by the trustees with the team and progress is monitored throughout the year through individual, team and trust appraisal processes

Management team

A management team, comprising the trust's senior members of staff and advisers, meets monthly. Its remit covers all the day to day operational, personnel, financial and administrative aspects of the charity and ensures its smooth running.

Risk management

Twice yearly the trustees and management team assess the potential risks to the running and financing of the organisation and the safeguarding of the team and young people. **east to west** has a comprehensive portfolio of policies which enables the projects to operate in a professional and safe manner. The team and trustees review the policies at the end of each academic year in order that they are fully comprehensive for the start of the next.

Future plans

2012-13 is going to be very interesting and exciting year for **east to west**, as our schools work is likely to expand and Supported Lodgings is being transformed into a Community Franchise which will enable churches across the UK to deliver Supported Lodgings in their communities.



www.supportedlodgings.org

2012-13 will see the start of **east to west** having a national perspective especially around equipping and encouraging the church to be involved in the work we've been doing for many years. Thanks to the work done behind the scenes, **east to west** is in a robust place to go forward into this new landscape.

Report of the trustees continued

(incorporating the directors' report)

for the year ended 31 August 2012

Statement of trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and regulations

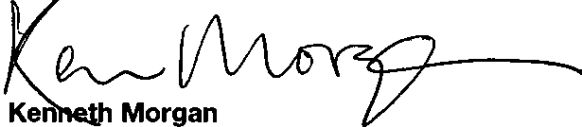
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies subject to the small company regime

Approved by the board and signed on its behalf by



Kenneth Morgan
Secretary

27 October 2012

Independent examiner's report

to the trustees/directors on the unaudited financial statements of the east to west trust (a company limited by guarantee) for the year ended 31 August 2012

I report on the accounts of **the east to west trust** for the year ended 31 August 2012, which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the Act) as amended by section 28 of the Charities Act 2006, and that an independent examination is required.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 43 of the Act as amended,
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act as amended), and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with section 386 of the Companies Act 2006, and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

T. A. Wells

Trevor Wells
Chartered Accountant
31 Elizabeth Avenue
Laleham
Staines
Middlesex TW18 1JW

27 October 2012

Statement of financial activities

(incorporating the income and expenditure account)
for the year ended 31 August 2012

	Notes	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Incoming resources					
Incoming resources from generating funds					
Voluntary income	2	134,885	23,594	158,479	126,843
Activities for generating funds		1,512	-	1,512	2,180
Investment income	3	304	-	304	298
Incoming resources from charitable activities	4	11,965	123,158	135,123	160,738
Total incoming resources		148,666	146,752	295,418	290,059
Resources expended					
Costs of generating funds					
Costs of generating voluntary income	5	6,912	499	7,411	6,824
Charitable activities	6	103,846	138,448	242,294	270,110
Total resources expended		110,758	138,947	249,705	276,934
Net income/incoming resources for the year	7	37,908	7,805	45,713	13,125
Reconciliation of funds					
Total funds brought forward		52,189	35,373	87,562	74,437
Total funds carried forward		90,097	43,178	133,275	87,562

All activities are continuing activities

The statement of financial activities includes all gains and losses for the year and therefore no statement of total recognised gains and losses has been prepared

The notes on pages 18 to 23 form part of these accounts

Balance sheet

as at 31 August 2011

	Notes	2012 £	2012 £	2011 £	2011 £
Fixed assets					
Tangible assets	10		1,224		1,515
Current assets					
Debtors	11	3,551		3,665	
Cash at bank		166,217		154,851	
		<u>169,768</u>		<u>158,516</u>	
Creditors: amounts falling due within one year	12	<u>(37,717)</u>		<u>(72,469)</u>	
Net current assets			132,051		86,047
Net assets	15		<u>133,275</u>		<u>87,562</u>
Funds					
Restricted funds	13		43,178		35,373
Unrestricted funds	14		90,097		52,189
Total funds			<u>133,275</u>		<u>87,562</u>

The notes on pages 18 to 23 form part of these accounts

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2012 and the members/guarantors have not required the company to obtain an audit of its financial statements for the year ended 31 August 2012 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- ensuring that the company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial period and of its surplus or deficit for each financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved for issue by the board of trustees on *27 October* 2012 and were signed on its behalf by



Paul Marchant
Chair Trustee

Registered company number 6972769

Notes to the financial statements

for the year ended 31 August 2012

1 Accounting policies

The principal accounting policies are summarised below and have been applied consistently throughout the year

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005), and the Companies Act 2006

Basis of preparation of accounts

These accounts have been prepared on the going concern basis

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees

Restricted funds can only be used for particular limited purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Incoming resources

Incoming resources are recognised in the Statement of Financial Activities (SoFA) when the charity becomes unconditionally entitled to the income and the amount can be quantified with reasonable accuracy and where it is certain that it will be received

Performance related income is only included in the SoFA once the related services have been provided

Deferred income

Grants and donations received in advance and specified by the donor as relating to specific future periods or subject to conditions which are still to be met, are deferred to the period to which they relate

Tax reclaims on donations

Gift aid tax reclaims on donations are included in the SoFA in the same period as the donations to which they relate

Volunteer services

The value of volunteer services received is not included in the accounts but is described in the trustees' report

Investment income

Income from investments is included in the accounts in the period it is receivable

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources

Governance costs

Governance costs include expenditure on the preparation and examination of statutory accounts and cost of any legal advice to trustees on governance or constitutional matters

Tangible fixed assets

Tangible fixed assets are assets with an expected useful life of more than one year and are recorded at cost or, if gifted, at the market value to the charity on receipt, less accumulated depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Fixtures, fittings and equipment

3 years on the straight line basis

Notes to the financial statements **continued**

for the year ended 31 August 2012

2 Voluntary income

	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Donations	122,530	23,594	146,124	117,005
Gift aid tax reclaims	12,355	-	12,355	9,838
	<u>134,885</u>	<u>23,594</u>	<u>158,479</u>	<u>126,843</u>

3 Investment income

	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Bank interest receivable	304	-	304	298
	<u>304</u>	<u>-</u>	<u>304</u>	<u>298</u>

4 Incoming resources from charitable activities

	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Grants	5,000	44,629	49,629	100,171
Partner contributions	70	66,738	66,808	55,156
Events and other	6,895	11,791	18,686	5,411
	<u>11,965</u>	<u>123,158</u>	<u>135,123</u>	<u>160,738</u>

5 Costs of generating voluntary income

	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Fundraising expenses	5,629	499	6,128	2,435
Marketing	1,283	-	1,283	4,389
	<u>6,912</u>	<u>499</u>	<u>7,411</u>	<u>6,824</u>

Notes to the financial statements **continued**

for the year ended 31 August 2012

6 Costs of charitable activities by fund type

	Unrestricted funds £	Restricted funds £	2012 Total £	2011 Total £
Staff costs	70,462	124,695	195,157	222,787
Training and travel	5,941	3,328	9,269	8,985
Office facilities	9,397	-	9,397	11,011
IT and communications	5,630	2,437	8,067	9,002
Fees and external assistance	4,822	250	5,072	3,847
Local projects and grants	860	7,372	8,232	6,607
Printing, postage and stationery	4,904	76	4,980	5,573
Depreciation	1,655	-	1,655	2,052
Other costs	175	290	465	246
	<u>103,846</u>	<u>138,448</u>	<u>242,294</u>	<u>270,110</u>

7 Net incoming resources

	2012 £	2011 £
Net incoming resources is stated after charging Depreciation	<u>1,655</u>	<u>2,052</u>

8 Staff

Staff costs	2012 £	2011 £
Wages and salaries	182,022	206,257
Social security costs	13,135	16,530
	<u>195,157</u>	<u>222,787</u>

Trustees

None of the trustees received any remuneration or expenses during the year

Number of staff

The average number of staff employed during the period, calculated in full-time equivalents, was as follows

	2012 No.	2011 No.
Engaged in direct charitable activities	7	7
Other staff	1	1
	<u>8</u>	<u>8</u>

Notes to the financial statements continued

for the year ended 31 August 2012

9 Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge or liability in these accounts.

10 Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	
At 1 September 2011	7,891
Additions	1,364
Disposals	(189)
At 31 August 2012	<u>9,066</u>
Depreciation	
At 1 September 2011	6,376
Disposals	(189)
Charge for the year	1,655
At 31 August 2012	<u>7,842</u>
Net book value	
At 31 August 2012	<u>1,224</u>
At 31 August 2011	<u>1,515</u>

11 Debtors

	2012 £	2011 £
Prepayments	757	881
Other debtors	2,794	2,784
	<u>3,551</u>	<u>3,665</u>

Notes to the financial statements continued

for the year ended 31 August 2012

12 Creditors: amounts falling due within one year

	2012 £	2011 £
Trade creditors	2,233	5
Other taxation and social security	5,479	9,025
Accruals and deferred income	30,005	63,439
	<u>37,717</u>	<u>72,469</u>

13 Restricted funds

	At 1 September 2011 £	Incoming resources £	Outgoing resources £	At 31 August 2012 £
Supported Lodgings	22,789	35,748	(27,117)	31,420
Schools Work	1,646	92,138	(89,311)	4,473
Community Youth Pastor	10,741	18,866	(22,519)	7,088
Other	197	-	-	197
	<u>35,373</u>	<u>146,752</u>	<u>(138,947)</u>	<u>43,178</u>

14 Unrestricted funds

	At 1 September 2011 £	Incoming resources £	Outgoing resources £	At 31 August 2012 £
Relational Support Work	52,189	148,666	(110,758)	90,097

Notes to the financial statements continued

for the year ended 31 August 2012

15 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2012 Total £
Tangible fixed assets	1,224	-	1,224
Current assets	100,058	69,710	169,768
Current liabilities	(11,185)	(26,532)	(37,717)
	<u>90,097</u>	<u>43,178</u>	<u>133,275</u>
	Unrestricted funds £	Restricted funds £	2011 Total £
Tangible fixed assets	1,515	-	1,515
Current assets	78,177	80,339	158,516
Current liabilities	(27,503)	(44,966)	(72,469)
	<u>52,189</u>	<u>35,373</u>	<u>87,562</u>

16 Transfer from charitable trust

The company commenced activities on 1 September 2009 when it received the assets, liabilities and operations of the former unincorporated charitable trust **"the east to west trust"** (registered charity number 1059177)

The asset transfers were made to restricted and unrestricted funds as appropriate such as to preserve the purposes and restrictions for which the funds were originally provided