

Abbreviated Unaudited Accounts
for the Year Ended 31st March 2012
for
Shona Heath Limited

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for the Year Ended 31st March 2012

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Shona Heath Limited

Company Information
for the Year Ended 31st March 2012

DIRECTOR:

Ms S Heath

REGISTERED OFFICE:

272, Regents Park Road
London
N3 3HN

REGISTERED NUMBER:

06852021 (England and Wales)

ACCOUNTANTS:

Spencer Hyde Limited
272 Regents Park Road
London
N3 3HN

Shona Heath Limited (Registered number: 06852021)

Abbreviated Balance Sheet
31st March 2012

	Notes	2012 £	£	2011 £	£
FIXED ASSETS					
Tangible assets	2		3,087		4,489
CURRENT ASSETS					
Stocks		700		700	
Debtors		69,436		98,727	
Cash at bank		<u>132,935</u>		<u>107,963</u>	
		203,071		207,390	
CREDITORS					
Amounts falling due within one year		<u>40,530</u>		<u>64,353</u>	
NET CURRENT ASSETS			162,541		143,037
TOTAL ASSETS LESS CURRENT LIABILITIES			165,628		147,526
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>165,528</u>		<u>147,426</u>
SHAREHOLDERS' FUNDS			165,628		147,526

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2012.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2012 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 17th December 2012 and were signed by:

Ms S Heath - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 31st March 2012

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods and services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost

Website development costs are capitalised over a five year estimated life and are included within plant and machinery category of tangible fixed assets.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st April 2011	8,077
Additions	<u>1,166</u>
At 31st March 2012	<u>9,243</u>
DEPRECIATION	
At 1st April 2011	3,588
Charge for year	<u>2,568</u>
At 31st March 2012	<u>6,156</u>
NET BOOK VALUE	
At 31st March 2012	<u>3,087</u>
At 31st March 2011	<u>4,489</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2012 £	2011 £
100	Ordinary	1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.