Registered Number 06781821

STRIDEZ LIMITED

Abbreviated Accounts

31 January 2014

STRIDEZ LIMITED **Registered Number 06781821**

Abbreviated Balance Sheet as at 31 January 2014

	Notes	*2014*	*2013*
		£	£
Fixed assets			
Intangible assets	2	17,283	24,575
Tangible assets	3	262	350
		17,545	24,925
Current assets			
Stocks		30,730	30,980
Cash at bank and in hand		600	381
		31,330	31,361
Net current assets (liabilities)		31,330	31,361
Total assets less current liabilities		48,875	56,286
Total net assets (liabilities)		48,875	56,286
Capital and reserves			
Called up share capital	4	35,330	31,530
Share premium account		42,900	42,900
Profit and loss account		(29,355)	(18,144)
Shareholders' funds		48,875	56,286

- For the year ending 31 January 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 7 March 2014

And signed on their behalf by:
Kate Fitzsimons, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Intangible fixed assets

	£
Cost	
At 1 February 2013	24,575
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2014	24,575
Amortisation	
At 1 February 2013	-
Charge for the year	7,292
On disposals	-
At 31 January 2014	7,292
Net book values	
At 31 January 2014	17,283
At 31 January 2013	24,575

3 Tangible fixed assets

	£
Cost	
At 1 February 2013	350
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2014	350
Depreciation	
At 1 February 2013	-
Charge for the year	88
On disposals	-
At 31 January 2014	88
Net book values	
At 31 January 2014	262

4 **Called Up Share Capital**

Allotted, called up and fully paid:

	2014	*2013*
	£	£
35,330 Ordinary shares of £1 each (31,530 shares for 2013)	35,330	31,530

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.