Registered Number 06541571

CENTRAL FITNESS LIMITED

Abbreviated Accounts

31 March 2016

CENTRAL FITNESS LIMITED **Registered Number 06541571**

Abbreviated Balance Sheet as at 31 March 2016

	Notes	*2016*	*2015*
		£	£
Fixed assets			
Tangible assets	2	8,924	10,499
		8,924	10,499
Current assets			
Cash at bank and in hand		1,109	1,524
		1,109	1,524
Creditors: amounts falling due within one year		(505)	(505)
Net current assets (liabilities)		604	1,019
Total assets less current liabilities		9,528	11,518
Creditors: amounts falling due after more than one year		(9,500)	(12,500)
Total net assets (liabilities)		28	(982)
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(72)	(1,082)
Shareholders' funds		28	(982)

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 December 2016

And signed on their behalf by:
Mohammed Ikhlaq RAZAQ, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	30,240
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	30,240
Depreciation	
At 1 April 2015	19,741
Charge for the year	1,575
On disposals	-
At 31 March 2016	21,316
Net book values	
At 31 March 2016	8,924
At 31 March 2015	10,499

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.